



La Mesa Woman's Club
A Member of GFWC, CFWC &
Southern District – Area D



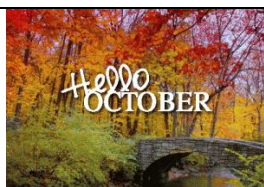
GAVEL TALK - OCTOBER 2026

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
OCTOBER Fri 2 nd Executive Board 9:30 am Wed 14 th General Meeting 10:00 am	NOVEMBER Fri. 6 th Executive Board 9:30 am Wed. 11 th General Meeting 10:00 am	 Pat Kelly 10 th Jim Childers 15 th Lou Turner 16 th Arnell Sanderlin 17 th Lane Adams 23 rd Roz Kennedy 25 th

PRESIDENT'S MESSAGE

Kathy Tinsley



Hello my Club Sisters,

September was an exciting month with the Food Drive for Kempton Elementary School and the presenting of the donation checks to Feeding San Diego and Feeding the Flock. The check presentation was held at Marie Callender's where we also accepted additional food items. After the Ceremony we were all treated to a delicious lunch inside Marie Callender's compliments of Mary England. Many thanks to Mary, Ellen and Pauline for this amazing event.

On September 23rd, Ellen, Pat K., Sandi, Marsha, Margaret and I had the opportunity to have a "behind the scenes" tour at Rady Children's Hospital N.I.C.U. WOW did we learn a lot in a few short hours. We observed numerous tiny precious babies being cared for by the best trained medical personnel. We also saw parents holding their little ones in the kangaroo chairs that LMWC purchased. I'm extremely proud to know that San Diego has a top rated facility for premature babies.



For our meeting on Wednesday, October 14th I'm inviting everyone to dress in your favorite costume for an early Halloween Costume Parade. Something new and fun for our Club and you all know I'm all about fun! Prizes for best costumes!

Thank you to all our board members as they work tirelessly on bylaws, website, special events, budget, etc all for the betterment of LMWC.

Sincerely,
Kathy

See you on the 14th. Will you be scary, funny or ???



1st VICE PRESIDENT

Pauline Basaran



You are invited to attend the 125th Annual Committee special meeting on October 13th, from 10am-12noon in the Disciple Room at the Foothills United Methodist Church (same location as our general member meetings, different room). It is a brainstorming session so we can start shaping the final event of our celebration year. Every idea is welcomed. We will discuss as many aspects of the event that time allows and will continue planning with everyone invited to join in future meetings.

Kempton Literacy Academy has asked the La Mesa Woman's Club to be involved with their food pantry and clothing distribution on a regular basis. I am working with them to understand the specific support needed. I hope to have more details to share at the October general membership meeting.



The communication team has been actively updating the community on our 125th related activities so far. Thanks to Ellen and Rianna for creating and sending out the first of what are planned to be regular emails to the community.

Remember to keep checking the web site (lamesawomansclub.org) for new blog posts and calendar updates.

The La Mesa History Center needs docents for their upcoming Homes tour on Saturday November 7. Members have historically supported the tour. It is a lot of fun. Go to this link for more information: <https://www.lamesahistory.com/volunteers/>

2nd VICE PRESIDENT

Marsha McDonald and Pat Spear



Greetings ladies, It was great to have initiated 6 new members at our September General Meeting. Thank you all for making them feel welcome. We are expecting to have a few new members being initiated in the meetings to come as they qualify for membership. We will have a second member orientation on November 14 at 9:30 A.M. in the Disciple room at the church. We plan to give them information on projects we have done this year or are planning to do. We will cover the process that a project goes through before it becomes formally adopted by the membership. We want them to be better informed when voting at general meetings. We will also be working on a membership information form to have available at the meeting to discover where their interests lie. The meeting is open to all new and established members. More information will follow.

We would like to propose the idea for current active members to adopt a new member as a mentor. It wouldn't be hard. Here are a few suggestions:

1. Sit with them at a meeting
2. Explain motions to them if they are confused, and suggest to vote abstain if they don't have enough information to make a good decision
3. Establish a relationship with them so that they feel comfortable going to meetings because they know someone

If anyone is interested in pursuing this, please give us a call ASAP so that we can match you up with a new member. We could use six (6) members right now to volunteer. Please consider this opportunity to help a new member feel welcome and important to our club.

Looking Ahead On Potential “Fun” Raising Activities

From your 3rd Vice President, Mary England

We have had a year full of activities that have focused on our 125th anniversary. The only activity that was produced this year that had a fundraising component was our first Bunco Party held in 6 years on Friday August 21st. That was my first experience attending a Bunco party, as well as watching the energy and fun that our members and attendees had during that event. While the goal was to raise funds to put in our checkbook to support our projects and club activities, I saw something else happening throughout that day. I saw members and guests having fun, laughing and enjoying themselves and I realized, while fundraising is important, the joy and excitement shared during those few hours said it all – being together in a fun-filled setting is very important to our members. As your 3rd Vice President, I will continue to look for ways to create events and activities that can have a positive revenue stream for our club, but I will also make sure that those activities taken to your Executive Board for support, have an avenue to build relationships and build our “brand” within our community as well.

In the future I may be coming to you to ask your opinion on types of fundraising activities that we may produce or bring forward those events and activities that have been blessed by your Executive Board. I am hopeful that you will join us in these activities and take advantage of these opportunities to have fun and get together. This club has survived for 125 years on the premise that we are “dedicated to the cultural, charitable and intellectual development of our community and members.” I encourage you to join us at events and activities in the future that continue our legacy.



October is the tenth month of our calendar year, and cooler temperatures are on the way.

Some October observances are October 12th is Columbus Day/Indigenous People Day, October 24th is United Nations Day and of course October 31st is Halloween. I hope everyone has a "spooktacular" October!

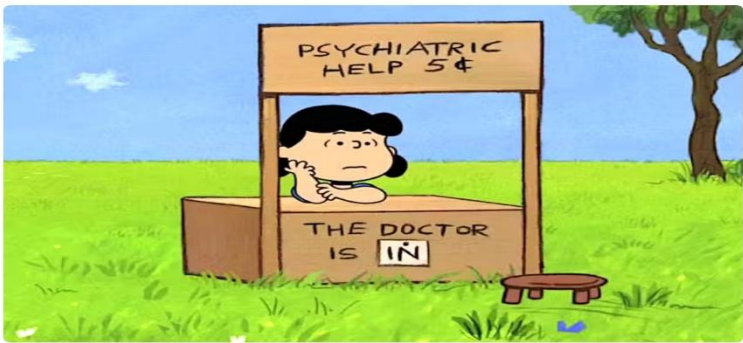
For our October 14th General Meeting, Lynn Parsons of Fresh Start will be our speaker. Fresh Start is a community project held at the La Mesa First United Methodist Church to assist those in need of clothing, shoes and hygiene items. La Mesa Woman's Club has helped Fresh Start by donating clothing, shoes, jewelry and large wipes. One of our members volunteers every month and her name is Carol Klipp. Several members of LMWC have volunteered with Carol and can tell you what a enlightening experience it is.

In November, we will honor veterans at our General Meeting. If you know of a veteran, you would like us to honor submit their name to sphoenix@cox.net or lynnthepenjan04@yahoo.com

Sandi & Lynn

Five Cents, Please

March 27, 1959



“But think how the years go by, Charlie Brown...think of the regrets you’ll have if you never risk anything”.

“Lucy van Pelt contains multitudes as one of the most prominent members of the Peanuts gang. She is at times held a streak as hopeless romantic, a hilarious and relentlessly complicated friendship with Charlie Brown, and a dubious career as a young psychiatrist, never giving up on the hustle and always charging on the spot. She is an assertive, opinionated, temperamental icon, with plenty of memorable lines stretched across 50 years of the comic strip’s history”.

We members are over 50 years, 125... let us have Lucy’s optimism, confidence in each other and stretch beyond our dreams.

Gals, Carol sends you your birthday cards. I do the correspondence. If you are aware of anyone who needs a card, well wishes, or condolences or support, please let me know. Thank you. Darcy

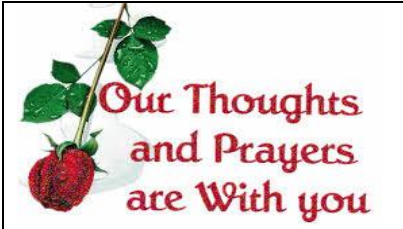
Birthday girls, your question is what is your “DREAM”?

HOSTESS CHAIRMAN

Lou Turner



The hostesses for the Wednesday, October 14th General Membership meeting are Nichole Vick and Rianna Braden.



Carol Graves is having some health issues and needs our thoughts and prayers for a good outcome.
Kathy Denham also has some health issues. Please keep her in your thoughts and prayers for a full recovery.

October in La Mesa

Margaret Mendez

It's that time of year again—Oktoberfest is back!



Come join the fun at La Mesa Village from October 2–4 for an unforgettable weekend packed with amazing food, live music, a vibrant beer festival, and exciting rides! Best of all, admission is completely free for all ages!

Event Schedule:

- Friday, Oct 2: 4:00 PM – 6:00 PM
- Saturday, Oct 3: 10:00 AM – 10:00 PM
- Sunday, Oct 4: 12:00 PM – 8:00 PM

Bring your family and friends—you won't want to miss it!

La Mesa Farmers Market – Every Friday in the Village from 3:00 -7:00 pm.

FEDERATION DATES and MO RE:

CFWC Area D Conference is Saturday, October 24th at the Woman's Club of Carlsbad

The next CFWC Southern District meeting is Wednesday, November 16th at 10 am at the VFW Hall in Lakeside.

The CFWC Southern District Festival of Arts is Wednesday, February 24th, 2027 at the VFW Hall in Lakeside. The theme is a play or musical and our Board decided on “Singing in the Rain”. More information to follow.



You are Invited!

AREA D CONFERENCE

Saturday, October 24, 2026



Join us at the Woman's Club of Carlsbad

3320 Monroe Street, Carlsbad, CA 92008

Registration begins at 9:30 AM • Conference concludes at 2:00 PM

Registration Details

Send registration form before October 17, 2026 to:

Nancy B. Jones, Woman's Club of Vista • P.O. Box 91, Vista, CA 92085

Email: 11nanb.jones74@gmail.com

Make one club check payable to: Palomar District Federation Woman's Clubs

COST PER PERSON IS \$45

What to Expect

- ♥ Featured Speakers: State President Chris Herzog, First VP Cindy Sanders & Second VP Mickie Reed
- ♥ Entertainment: Cinballera
- ♥ Vendors, gift baskets, and door prizes!
- ♥ Money collected benefits: Heifer International
- ♥ Activities: Create lanyards for Operation Gratitude • Write letters for Girls Love Mail
- ♥ Lunch will be provided: Box lunch with sandwich choices of beef, ham, or Vegetarian.

Important Notes

- Each club sends ONE CHECK payable to Palomar District Federation Women's Clubs
- Each district is asked to provide one basket worth approximately \$50
- Each club is asked to contribute one \$10 gift card
- Space is limited – carpooling is recommended
- Parking available behind the clubhouse and on the street
- Please write your food preference on the registration form

We are the Heart of Federation • GFWC California Area D