

Greetings Friends. Welcome September!

HONOR FLIGHT HOMECOMING:

A reminder for those interested in greeting our veterans as they return from their Tour of Honor to DC on Sunday, September 28. We have received the Homecoming details. There will definitely be a crowd there to greet and cheer our heroes as they return home. It is suggested that we arrive by noon to find parking and then get to Terminal 2 Baggage Claim. Their Alaska Airlines flight #9677 is scheduled to arrive at 1:15 p.m. Several of our members have signed up to attend this event. If you would like to join us, you can sign up at our September Board meeting or at the General meeting. We will carpool to this event.



DONATIONS: Don't forget to bring your used magazines to donate to the Grossmont Hospital Auxiliary. Please mark out your name and address on the magazines with a black marker rather than cutting it off. The Auxiliary Thrift Korral is always happy to get our donations. Also, consider taking books to the Friends of the La Mesa Library. Recording all of these in-kind donations is most important.

WORKSHEETS FOR RECORDING

DONATIONS: Please turn in your completed worksheets to Pat Spear after recording your volunteer hours, dollars spent, and in-kind donations. Additional sheets are available at our meetings. Thank you for your support.



MEMBERSHIP

Our Orientation meeting on August 27th was well attended plus we had two potential members join us. Kathy Tinsley's friend, Lydia D'Amico and Darcy's friend, Sandy. Lydia is very interested and is planning to attend our September 10th meeting. As membership co-chairmen, we will follow-up with Lydia quickly.

Our co-presidents, Sandi and Marsha, did such a good job sharing information to make this orientation meeting so successful. Many thanks to both of them!

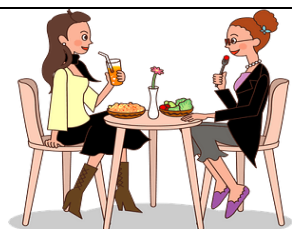
Membership update: Several of our members had surgeries this past month. Seems knee replacement surgery was needed by both **Robin Dunham** and **Angie Lombardo**. Robin is recovering nicely at home and doing physical therapy too. Angie is spending rehab time at the Grossmont Post Acute Center at 8787 Center Drive, La Mesa 91942 before she is able to return to La Vida Real. Longtime member, **Linda Sotelo** had a bad fall at her home and also spent some time at the Grossmont Acute Care Center. We understand Linda is rehabbing at home now. Please keep positive thoughts for Linda as she recovers.

Hope to see many of you at the general meeting on September 10th.

Stay cool. We hope you had a safe Labor Day !

There are no fundraisers planned at this time.

Darcy Barghols and Kathy Tinsley

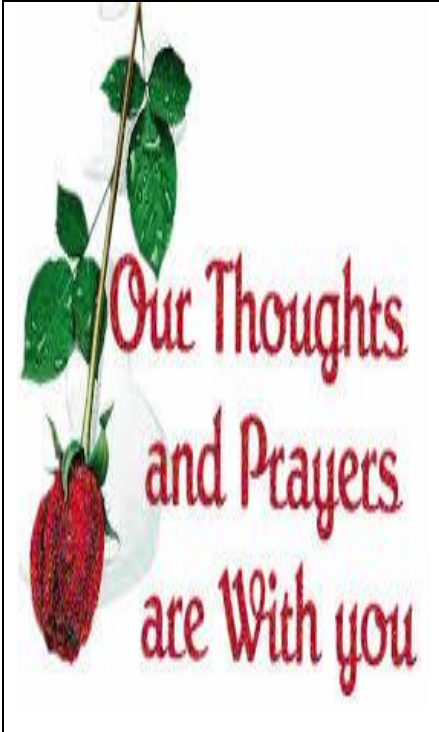


Greetings from your Program Chairs

We are inviting you to the September 10th General meeting in King Hall at 10 am to hear what we have planned for October and November.



The hostesses for the September meeting are Debi Grider and Mary Verdone. Light refreshments will be provided.



Our much loved Co-President, **Sandi Phoenix** is in the hospital after suffering an L1 vertebrae break. She will be in the hospital for a while, and then transferred to Post Acute Care for physical therapy. She can have no visitors at the hospital as she is on sleep/rest care. She can have and would **love** cards and notes. You can send them to her home at 11212 Horizon Hills Drive , El Cajon, CA. 92020. Ted will deliver them to her. We will all keep her in our thoughts, love and prayers for a successful healing.

Please keep positive thoughts for our member, **Robin Dunham** as she recovers from knee replacement surgery. We wish her a full recovery.

Angie Lombardo needs our thoughts and prayers as she also had knee replacement surgery on August 19th. We hope she is doing well and heals quickly.

Prayers and good wishes for **Linda Sotelo** as she recovers from a recent fall.



“Downtown Abbey – the Grand Finale” is showing on Tuesday, September 16th at the Grossmont Center theater. The show starts at 11:15 am.

FEDERATION REPORT

Margaret Mendez

On July 30th 2025, representatives from the California Federation of Woman’s Clubs, Southern District, signed a resolution proposal titled Mitigating Transboundary Water Waste Pollution Affecting U.S. Coastal Communities.

“Where as the Tijuana River carries untreated sewage, industrial waste, and toxic runoff onto the Pacific Ocean near Imperial Beach California, causing serious pollution in US coastal waters”.

As of today, the results of the proposal are still pending.

SAVE THE DATE:

Southern District Convention 2026: April 18, 2026.