

Our September meeting has been moved to **King Hall**, so don't go to the Heritage Museum. **September 10th, at 10:00 AM.** Lunch will be served. We have LOTS to talk about, information about the finances in our Foundation, projects to get involved with, committees being formed as well as preparations for creating our new slate of officers. If you are interested in perhaps taking an office for next year, don't miss the Membership Orientation as you will hear what each office responsibilities are. We hope to have lots of interest in new folks taking positions in the club!

We are looking forward to a fall full of activities and fun and serving our community. And being together again!

Sandi & Marsha

1st VICE PRESIDENT- DEAN

Pat Spear

Greetings friends. I hope you have been enjoying our wonderful summer days.



FRESH START:

After receiving a request from Carol Klipp for a donation of wipes for Fresh Start, the Board approved \$100 for the purchase of wipes. Wipes have been purchased and delivered to La Mesa First United Methodist Church for the Fresh Start program. We will continue to coordinate with Carol for any ongoing need.


LAMB'S PLAYERS THEATRE:

Our ushering team will be ushering at Lamb's Players Theatre on Sunday, August 17 for "The 70's: the Golden Age of the Album" This production has received rave reviews. It is possible that one or two substitutes might be needed. We are also scheduled to usher on Sunday, November 9. Arrival time at the theater is 12:45 for a 2:00 p.m. show. Please let Pat Spear know if you would be interested in ushering with our team.



HONOR FLIGHT CARDS:

Thank you to all that have written cards for the September 26th Honor Flight mail call. So far 40 cards have been delivered, and I know that a few more will be brought to the September General meeting. Consider meeting the flight when it returns on September 28. The Homecoming gathering will take place at Terminal 2 Baggage Claim at 1:00 p.m. to greet and cheer our heroes as they return from their Tour of Honor to DC. It is recommended to arrive by noon to give plenty of time for parking and to be there in time for their arrival. It is hoped that some members will be interested in participating in this event.



	<p>MEMBERSHIP</p>	<p>Please continue to keep positive thoughts for. . . . Robin Dunham who had knee replacement surgery in mid-July and is recovering nicely at home.</p> <p>Mary Lou Kohl is in residence at Lantern Crest Retirement, 800 Lantern Crest Way, Apartment 817 in Santee 92071. It appears Mary Lou is settled in and would welcome receiving cards from members. We hope both Robin and Mary Lou continue to do well.</p> <p style="text-align: center;">Looking forward to seeing everyone soon!</p>
<p>Summer greetings to all our members. Hopefully you are having an opportunity for some welcomed "down time". Our board continues to meet in July and August in order to prepare for fall activities and general meetings.</p>		

3rd VICE-PRESIDENT

There are no fundraisers planned at this time.

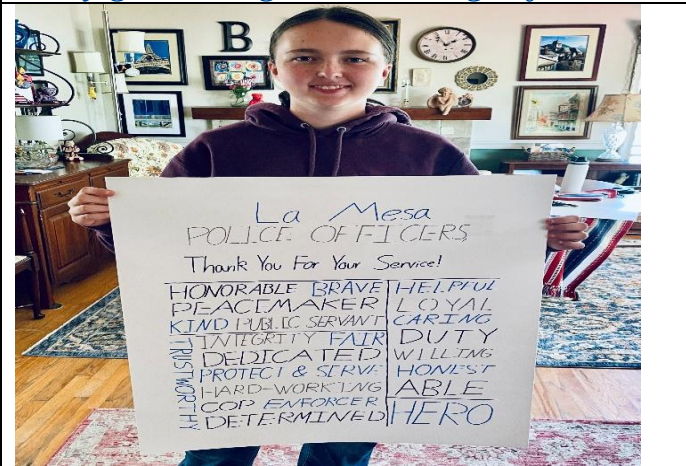
4th VICE- PRESIDENT

Darcy Barghols and Kathy Tinsley

<p>Ahhhhh..... hear that? Of course you don't! It's the sound of Silence. And not Simon and Garfunkel.</p> <p>We don't gather in the summer; however your program Chairs are busy pondering up new ideas....</p>  <p>September 10th we will be meeting at Foothills United Methodist Church in King Hall at 10am. Lunch will be served after the meeting. It's going to be a full meeting. We are looking forward to seeing you all. More information to come.</p>	 <p>November 12th 10 am in King Hall/General Meeting. Members, you all received the flyer regarding the Quilt of Valor program that Kathy Tinsley holds dear to her heart. Please review the flyer again and ask a Veteran to be wrapped. It is a memorable, honorable and quite an endearing event. Please review the flyer and ask your guest to go online to fill out the application. Neither Kathy nor I can do this. The website is www.govf.org</p>
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Pictures of happenings since we last commenced.

My granddaughter made signs for us to celebrate our La Mesa Police Department.



HOSTESS CHAIRMAN

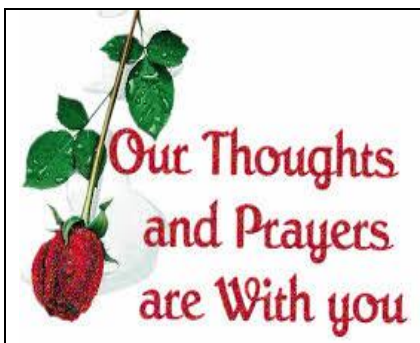
Lou Turner



There are no hostesses for July and August.

Tee Shirts

The Tee Shirts have arrived! Marsha will bring them to the Executive Board meeting this Friday for distribution. If you will not be at the Board meeting, just give her a call and we can arrange a drop off time and place. Especially for those of you attending the Summer Bash on August 7th. You'll need your shirt! They look great!



Please keep positive thoughts for our member, **Robin Dunham** as she recovers from knee replacement surgery. We wish her a full recovery.

Mary Lou Kohl who is currently residing at Lantern Crest Retirement, 800 Lantern Crest Way, Apartment #817, Santee, CA 92071. Her daughter, Lynn, has been in contact with us and keeping us updated. *Mary Lou can have visitors* and appreciates our thoughts and prayers. Cards would be welcome.

FEDERATION REPORT

Sandi Phoenix

SAVE THE DATE:

Southern District Convention 2026: April 18, 2026.

NEW Southern District Address:

Record this in your 2025 Yearbook.

GFWC Southern District

P.O. Box 240

El Cajon, CA 92022

Honor a Veteran for November 12th Meeting!

How to Nominate: web site: www.govf.org **Quilts of Valor**

Members, we would like for you to nominate a veteran for our November general meeting and have them be “Wrapped.” You need to have your **“Recipient” (guest, friend, relative) fill out the form via this website www.govf.org**

Kathy Tinsley and Darcy Barghols **cannot do this. Your guest must go through the above website. Also on the form, have them reference La Mesa Woman’s Club/Kathy Tinsley.** Once you know they have completed the online form please contact Kathy Tinsley and let her be aware so we may plan appropriately. It is necessary for the applicant to do it in this format. **Again, we cannot do this for the veteran.**

This form needs to be completed and submitted via the website and before September 1st so that their quilt may be prepared.



Quilts of Valor
Foundation

www.govf.org

Who are we and what do we do?

"The mission of the Quilts of Valor Foundation is to cover all those Service Members and Veterans touched by war with healing and comforting quilts called Quilts of Valor."

Kathy Tinsley and Darcy Barghols, Program Chairs.