






La Mesa Woman's Club
 A Member of GFWC, CFWC &
 Southern District – Area D



GAVEL TALK FEBRUARY 2025

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
FEBRUARY	MARCH	 Pat Spear 17 th Mary Verdone 21 st Debbie Grider 25 th
Fri 7 th Executive Board 9:30 am Wed 12 th General Meeting 10:00 am	Fri 7 th Executive Board 9:30 am Wed 12 th General meeting 10 am	

<i>Presidents' Message</i>	<i>Marsha McDonald & Sandi Phoenix</i>
<div style="text-align: center;">  </div> <p>February is heart month: for reminding us to take care of our hearts and for Valentine's Day to honor those near and dear to our hearts.</p> <p>Sandi and I want to thank all of you for the time and effort you have put into all you do for others. After compiling the end of the year reports, we clearly saw all the hours, time, money and donations you have put into all the projects we did last year, and our hearts grew with pride and gratitude. You are truly the unsung heroes in our community!</p> <div style="text-align: center;">  </div>	<p>I love Mr. Rogers. He once said, "Look for the helpers". You will always find people who are helping. That's YOU! Not looking for recognition or fortune, you are out there doing your part to help others in our community who need it so badly. What we do may not be flashy or out there grabbing a lot of attention, but it makes a difference. A big difference. What you are doing are repeated acts of kindness in a world that can be so harsh for some. It lets others know that someone cares and radiates hope. We need a lot of both as we travel our life paths.</p> <p>Please know that you have touched others with your heart-felt kindness and in turn have touched their hearts leaving the world a little better than it was before. Helpers have big hearts!</p> <p>On to another year of serving and helping!</p> <p style="text-align: right;">Sandi and Marsha</p>

1st VICE PRESIDENT- DEAN

Margaret Mendez & Pat Spear

Happy February & Happy Valentine's Day!

I am happy to report that our end of the year reports were written and turned in. A huge thank you to Marsha, Sandi and Margaret for their writing skills and help with reviewing them.

STATISTICALLY:

- We completed 40 philanthropic projects.
 - We volunteered approximately 2,130 hours.
 - LMWC donated \$42,244.
 - Members contributed In-Kind items valuing \$18,061.
 - Under Membership we volunteered 3,590 hours and spent \$816.

We should be very proud of all we accomplished in supporting our community and beyond. Thank you to all of you wonderful ladies for helping to make this happen.

Just a reminder that at our February General Meeting we will be sharing ideas for community service projects for 2025. New ideas are welcome!

Our Lamb's Theatre ushering team will be ushering on Sunday, March 2 for the play "Once." We will need four or five additional ushers. Please let Pat Spear know if you would be interested in joining us on that date for the afternoon matinee, and for dinner following the show.

MILITARY OUTREACH MINISTRIES (M.O.M.'s)

Here is an update for our March General Meeting. We are planning to have a "baby shower" for the enlisted military families supported by M.O.M.'s. The director, Barbara Chavez, has sent a "Baby Wish List" for ideas of what we can purchase to bring to the meeting/shower. Thank you for supporting this event.

Baby Wish List:

- Bibs Baby Wipes Baby Lotion
- Diaper rash cream Diapers: size 3 and 4
- Baby wash Pull Ups size 2t/3t & 4t/5t



2nd CO-VICE PRESIDENTS

Elaine Ayers & Lou Turner



Another year has passed so we'll be updating our 2024 Yearbook with current club information. We would like to thank the 31 ladies who have renewed their membership for 2025. Please keep in mind that we *must* increase our membership and will always welcome new people who are interested in joining our club.

Thank you Kathy Tinsley and Darcy Barghols for their fine work in planning an enjoyable program, *Mind, Body, and Soul*, for us on January 8th at the Sharp Grossmont Conference Center. It was well attended and some very fine speakers shared important information with us. Good Job, Ladies!!

We look forward to our next General Meeting on Wednesday, February 12th at Foothills United Methodist Church beginning at 10am. Kathy probably has something special in mind for us. Hope to see many of our members join us and bring a guest too.

Hopefully, everyone is feeling good and ready to celebrate Valentine's Day on February 14th. May Valentine's Day bring something sweet into your life. . . . Chocolate is always nice to receive!



3rd VICE-PRESIDENT

There is no fundraising report for this month!

4th VICE- PRESIDENT

Kathy Tinsley



March 12th, MOM'S Baby Shower



April 9th Sharp Grossmont Health and Wellness Library tour.



Watch for more information.

Happy Valentine's Day

HOSTESS CHAIRMAN: The hostesses for the February meeting are Margaret Mendez and Pat Spear.

SCHOLARSHIPS

Marsha McDonald



Our website is in the process of being updated, and so has our scholarship application. It is now on the site and ready for the high school seniors to download and apply for our scholarships. We have contacted the Grossmont Union High School District which has notified all the counselors at each of the 16 schools and has placed it on their website where students can find a listing of all scholarships open for application. We have also contacted each high school giving them the application process and encouraged them to bring it to the attention of their students. The deadline for all applications is April 3rd. Then we will read and score them to find our winners. We would love to have a couple of you help us read the applications. It is fun to do and always amazes us how these students can do all they are doing at such a high level. Please call Marsha at (619) 403-2195 if you are interested in reading these scholarships. It only takes a few hours to read and score in your own home (We rotate the applications around among the readers.) We would love to have two or three more to give us a fair gauge in picking the winners. Love to have you volunteer and join us!

FEDERATION :

Sandi Phoenix

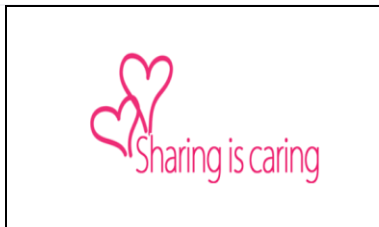
Hi everyone. How quickly Christmas and the holidays pass and it's February 2025 already. This is heart month. Let's all **WEAR RED** to our general meeting on February 12.

The exciting Federation news is all about the **Southern District 2025 Festival of Arts.**

It will be held on **Wednesday, February 26, 2025, at the Lakeside VFW, 12650 Lindo Lane, Lakeside, 92040**

- The festival begins at 10a.m. & ends at 2p.m.
- The theme is "BOARD GAMES." La Mesa's board game is PARCHEESI.
- There will be an award for the best decorated table. We will decorate our table with a game board, dice, and player's pieces that are moved around the board. Let's think of more decorations for our table and something we might wear on our heads or jewelry that fits the history of the parcheesi game.
- Parcheesi originated in India about 500BC.
- We will have our new club tee shirts to wear.
- The cost is \$25 per person & includes lunch of a 6 inch turkey, ham, or veggie Subway sandwich, potato salad, chips, dessert, & drinks of coffee, tea, lemonade, or water.
- La Mesa is 1 of 4 clubs responsible for bringing dessert. Margaret, Lou, Pat S., & Sandi volunteered to supply La Mesa's dessert items.
- Each club is also asked to donate 1 gift card of \$25 value. Pat K. will purchase the gift card and send it with our registration form.
- Each club is also asked to donate 2 door prizes. Lou & Sandi volunteered to donate these. Place each prize in a gift bag and bring it to the festival on the 25th.
- LMWC will also donate 2 paintings for the Student Music & Art Scholarship Fund drawing.
- As you all remember, members can display their crafts, fine art, or photography. The items will be judged and will receive recognition and will be awarded ribbons for different place honors.
- There are specific rules governing the member displays. Sandi has all this information, if you would like to display your handiwork and possibly receive a winning ribbon.
- Tables will be decorated, and crafts, fine art, and photography must be delivered and set up on Tuesday, February 25, between 1p.m & 4p.m. If you would like to help decorate our table, please let Margaret know and join us at the VFW on the 25th at 1p.m.

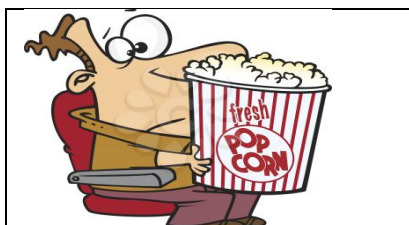
Marsha, Pat K., Pat S., Margaret, Kathy T., Lou, and Sandi are planning to attend. There are still seats available. This is always a fun, busy federation event to benefit the Music/Art Scholarship Fund and to honor our artistically talented members. Give Sandi your \$25 reservation at or before our general meeting on February 12. **See the flyer in this Gavel Talk.**



Dorothy Dixon, our honorary 105 year old member, is now residing at Renaissance, 12536 Jackson Hills Lane, El Cajon. The phone number is 619-334-0143. She would welcome cards and/or telephone calls from her club sisters. Please keep her in your thoughts and prayers.

LET'S GO TO THE MOVIES

Margaret Mendez



Get ready for the Movies at Grossmont Theater! As of now, the upcoming movies on February 18th are "Paddington Bear in Peru" and "Captain American". Stay tuned for more updates as the date approaches.

FESTIVAL OF ARTS 2025



FEBRUARY 26, 2025
AT LAKESIDE V.F.W.



OUR THEME WILL BE "BOARD GAMES"



Are you working on your items to enter in the Festival of Arts?



What is your forte?

Painting, photography, quilting, sewing, cross stitch, and many more categories.

Don't forget "trash to treasure!"



The committee for the FESTIVAL OF ARTS will be the president or their representative from each club.



Our first committee meeting is September 18, 2024, IMMEDIATELY FOLLOWING the District Meeting.

I look forward to working with everyone on this event.

Connie Criswell, District Arts Chair

Imperial Beach Woman's Club



If you're looking for some theater viewing here's what's happening at the Kroc Center. Events are held in person from 6:30-8pm unless otherwise noted.

January 30, Asian Story Theatre presents "Green Snake"

February 27, Rob Thorsen Jazz Quartet presents: "An Evening of Jazz"

March 27, Multicultural Night

May 22 for 3 nights (TH/F/S) and a Saturday matinee: Kroc Junior Theater
Seussical. (Students performing a Dr. Seuss classic)



JOIN OUR FUNDRAISING WEBINAR

Fundraising is an integral part of all that we do in Federation. Whether you are raising money to help with club operations, a favorite philanthropy, a service project, the youth, etc - learning how to fundraise and which platforms to use can help increase your results.

**FEBRUARY 22, 2025
9:00 AM - 12:00 PM**

What you will learn

- ✔ learn about digital platforms for fundraising
- ✔ learn low cost and no cost activities to raise funds
- ✔ learn how to partner for success
- ✔ Attendees each receive a list of 200 fundraising ideas to help start their club dialog.



Register Today - Only \$10.00 per person

www.ticketleap.events/tickets/FundraisingForSuccess