





*La Mesa Woman's Club*  
 A Member of GFWC, CFWC &  
 Southern District  
 CA Federation of Woman's Clubs



# *GAVEL TALK FEBRUARY 2024*

*Pat Kelly, Editor*

CALENDAR OF EVENTS		BIRTHDAY CORNER
<p style="color: red; font-weight: bold;">FEBRUARY</p> <p>Fri 2<sup>nd</sup> Executive Board 9:30 am @ Lou's</p> <p>Wed 14<sup>th</sup> Joan Kroc tour 10:00 am</p>	<p style="color: red; font-weight: bold;">MARCH</p> <p>Fri 1<sup>st</sup> Executive Board 9:30 am location TBD</p> <p>Wed 13<sup>th</sup> General Meeting 10:00 am</p>	 <p style="font-weight: bold;">Michelle Tapia &amp; Pat Spear 17<sup>th</sup> Mary Verdone 21<sup>st</sup></p>

<i>Presidents' Message</i>	<i>Marsha McDonald &amp; Sandi Phoenix</i>
<div style="text-align: center;">  </div> <p>We wish you a Happy Valentines Day. We hope you are doing well and did not experience flooding issues from our recent storm. That was quite a rainstorm.</p> <p>I am very happy to say that our end of the year reports are written and turned in. Thank you, Marsha, Pat S., Margaret, Betsy, and Ted for helping with the writing and with reviewing them. Ten reports were written. They are in <b>bold print</b>.</p> <ul style="list-style-type: none"> <li>• Both GFWC Special Program reports, <b>Domestic &amp; Sexual Violence Awareness &amp; Prevention and Advocates for Children</b>. Top projects in these areas include the CFWC President's Special project, "JUST ONE" DECAL DISTRIBUTION, our Bancroft School Christmas Santa program and buying Otter Pops for the attendance awards, buying gift cards for the CASA Volunteers, and Girl Scout cookies for the Mariner Girl Scout Troop that we support each year, donating Toys 4 Tots, and sending two girls to school through the Heifer International program.</li> </ul>	<ul style="list-style-type: none"> <li>• All five Community Service Programs which include <b>Arts &amp; Culture</b>, our top projects are Lamb's Theatre Ushering Team, <b>Civic Engagement &amp; Outreach</b>, includes the Quilt of Valor award, all our military support, our partnership with the LM Chamber of Commerce, and participating in the Nat'l Day of Service by donating food and volunteering at the Good Shepherd Ministry Center Food Pantry, <b>Education &amp; Libraries</b>, our scholarships, book club, Friends of the Library, Culinary Arts dinners, and visiting the Holocaust Exhibit, <b>Environment</b>, the Penny Pines program, the Honeybees Heifer Internaaional program, Lions, Tigers, &amp; Bears, and our recycling support, and the <b>Health &amp; Wellness</b> report which includes donating clothing to the hospital auxiliary's Discharge with Dignity program, Ronald McDonald House, Thrift Korral, wellness articles in the "Gavel Talk" newsletter, and Canine Companions.</li> <li>• Two <b>GFWC Advancement Plan reports: Leadership and Membership</b></li> <li>• And the <b>GFWC Women's History &amp; Resource Center</b> which was mostly all the activities and honors we enjoyed with the La Mesa History Center.</li> </ul>

**STATISTICALLY:**

- We completed 45 philanthropic projects in 2023,
- We volunteered 2,317 hours. This number turns out to be an educated guess for many projects.
- LMWC donated \$13,217 in 2023.
- And members contributed In-Kind items valuing \$6,090.
- Under Membership and Leadership, we volunteered 2,605 hours and spent \$7,133.

These projects, all your volunteer hours, and money and items donated by our club and our members are very impressive! You ladies deserve to stand and take a bow. I hope this information fills you with pride for all that you do for our community and all people. Marsha and I are very proud to be part of what you accomplished and even more proud to call you all friends.

**CONGRATULATIONS FOR A JOB WELL DONE!**

Sandi & Marsha

**1st VICE PRESIDENT- DEAN**

**Margaret Mendez & Pat Spear**



Happy February and Happy Valentine’s Day. Hopefully everyone came through the rain storm without any serious damage. I am looking forward to some sunny weather.

We will soon be scheduling a Community Service Planning Committee meeting that everyone is invited to attend. One of our goals is to find a specific large project that LMWC could fulfill that will leave a lasting impact and legacy. Also, we will be considering some smaller community projects. Your recommendations will be most welcome.

The Southern District Festival of Arts will be held on February 21, from 1-4 p.m. at the VFW in Lakeside. The theme of the festival is “It’s Out of This World.” We will be decorating our table for that theme. If you plan to attend, send your check made out to La Mesa Woman’s Club for \$25 to Pat Kelly before February 9th. This is always a fun event.

You have received an email with the names and dates of veterans with February birthdays, and information on sending cards for those participating in the next honor flight in April. The veterans really appreciate the cards they receive from so many. Please keep track of how many cards you have sent.

Our ushering team will be ushering at Lamb’s Theatre on Sunday, February 18, for the play “Outside Mullingar.” Let Pat Spear know if you would be interested in being on our substitute list for ushering.

**2nd CO-VICE PRESIDENTS**

**Elaine Ayers & Lou Turner**



It is with much enthusiasm that we welcome eight (8) new members to our club. We look forward to their participation in our activities.

Lynn Thalman comes to us from a Federation club in Michigan. Karyn Smith and Sharon Coleman are friends of Mary Lou Kohl. We have two mother/daughter teams: Dee Hansen and her daughter Sage Leeyer and member, Mary Verdone brought her daughter, Debbie Grider to us. Also, Pauline Basaran a La Mesa resident and Michelle Tapia, who has already gotten involved with our charitable projects. Welcome to all of these ladies as we look forward to getting to know you as active members of the La Mesa Woman's Club!

*Thank You*

Many thanks to all our current members who continue to support us in so many ways. Please keep these members in your thoughts and prayers especially Corinne McKeel, mother of Sharon Russon. Also, Beth Miller (wrist injury) and all others who continue to deal with health issues.

Warm and loving thoughts of Esther Jones, a very special lady and *Honorary Member* of LMWC. Esther joined LMWC in 1985 and passed away on January 14th. Please keep her family in your prayers. A Celebration of Life is planned for February 17<sup>th</sup>. See information under the “Caring Corner”!

**3rd VICE-PRESIDENT**

**Judy Burgess**



The La Mesa Woman’s Club first community service project for 2024 was a tremendous success! Our members collected warm winter clothing to donate to the East County Transitional Living Center for their clients.

Our members, along with family and friends, collected **357** items for men and women who are receiving services from ECTLC. These items were delivered on January 10<sup>th</sup>. Our top donor is a new member, Michelle Tapia from La Mesa. The Club members were excited to be able to support this worthy cause.

East County Transitional Living Center is located at 1527 E. Main Street in El Cajon. They provide services at five local centers. Every day during 2023, the centers serve approximately **150 children, 100 parents, and 200 single men and women**. They provide housing, basic needs, Bible studies, vocational and leadership training and offer a dedicated support system to their clients.

**4th VICE- PRESIDENT**

**Darcy Barghols & Kathy Tinsley**



**Greeting Club Members**

This month your **Program Chairs** will be putting you to the test with the “5-E’s”. Yes... 5 E’s. Enrichment, Educational, Encouragement, Entertaining and Enlightenment. If you do not find one of these 5 adjectives.....after our presentation; well then, we didn’t do our job! We will be gathering at:the **Kroc Center at 10 am on February 14<sup>th</sup>. (6845 University Ave, San Diego, CA 92115)**

Since we are meeting mid-week parking should not be a problem. **Please bring your own bottle of water, no snacks will be served at the February meeting. Also. you turn left on Salvation Drive, just off University Avenue when you reach the Kroc Center. Kathy or Darcy will be out front to direct you. Our meeting gathering will be directly in front of the gymnasium**

**PS.... Do not forget to bring your**



**BRA’S !!**

**HOSTESS CHAIRMAN**

**Angie Lombardo / Roz Kennedy**

**We will NOT have a hostess for the February 14<sup>th</sup> general meeting. Please bring your own bottle of water.**

**LMWC BRIDGE GROUPS**

**To LMWC Bridge Players:**

We meet on the **3rd Tuesday** of the month at the Westmont Retirement Home in the Activity Room at 1:00 pm per Barbara Watkins.





**FEDERATION :**

**Margaret Mendez**

1. The Southern District *Festival of Arts*, will be **February 21** at the Lakeside VFW. Registration & lunch is \$25. Please see the reservation form at the end of this *Gavel Talk* for more details and sign the form that will be passed at the meetings. The deadline to register to attend is February 9<sup>th</sup>. All clubs are asked to donate a \$25 gift card for the raffle and an item for the CFWC scholarship fundraising.

**BOOK CLUB**

**Margaret Mendez**



Wishing you all a Happy Valentine's day! This month's Book club will be on Wednesday, February 28th, 10:00 am at Marie Calendar's. Judy Burgess will host,

		<p style="text-align: center;"><b><i>SAVE THE DATE</i></b></p> <p><b>Esther Jones</b>, a wonderful lady who had been a much loved and respected member of the club for 39 years, passed on January 14<sup>th</sup>.</p> <p>Esther's Celebration of Life will be Saturday, February 17, 10 a.m. at Shadow Mountain Church, 2100 Greenfield, El Cajon, 92019. The service will be in the main church with a reception following in a smaller hall at the church.</p>
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**SOUTHERN DISTRICT FESTIVAL OF ARTS  
REGISTRATION FORM**

**WEDNESDAY FEBRUARY 21, 2024**

**VFW, LAKESIDE**

**12650 LINDO LN, LAKESIDE, CA 92040**

**Registration Deadline February 9, 2024**

**Registration and Lunch \$25.00**

**Date \_\_\_\_\_**

**Club Name \_\_\_\_\_**

**Form Completed by: \_\_\_\_\_ Ph # \_\_\_\_\_**

**Club Check Payable to: SOUTHERN DISTRICT**

**Check # \_\_\_\_\_ Total \$ \_\_\_\_\_**

**Please mail checks and registration form to: SOUTHERN DISTRICT  
PO BOX 1785  
LAKESIDE, CA 92040**

**NAMES:**

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