



*La Mesa Woman's Club*  
 A Member of GFWC, CFWC &  
 Southern District  
 CA Federation of Woman's Clubs



*GAVEL TALK - APRIL 2021*

*Pat Kelly, Editor*

CALENDAR OF EVENTS		BIRTHDAY CORNER
<b>APRIL</b> Fri 2nd Executive Board 9:30 am Wed 14th General Meeting Via Zoom	<b>MAY</b> Fri 7th Executive Board 9:30 am Wed 12th General Mtg. Via Zoom	 <i>No birthdays in April</i>

*Presidents' Message*



April Greetings! As we move further into 2021, we are encouraged by signs of a slow but steady return to normalcy. Although the past year has indeed been challenging, we look forward with hope. We were excited to return to our clubhouse for the luncheon on Wednesday and certainly enjoyed seeing each of you in attendance. Special thanks go to Lou Turner, who organized the event with catering by Nadia, owner of the Lunch Box Cafe. Nadia's restaurant was selected to honor a local, woman-owned business during Women's History Month.

To celebrate how far women's rights have progressed in this country, we want to share some things women couldn't do in the 1930's and 1940's.

- \*Get paid the same amount as men for doing the same work
- \*Serve on a jury in most states
- \*Open a bank account or get a credit card without a husband's or male relative's permission
- \*Become an astronaut
- \*Get pregnant without the real threat of losing her job
- \*Serve in combat in the military
- \*Practice law in most states, much less become a judge

(Taken from "Notorious RBG")

As the Virginia Slims' ad once stated, "You've come a long way, baby!" Cheers to all members—past and present—of America's women's clubs!

*Betsy Quinn and Kathy Tinsley*



April has been designated as Child Abuse Prevention month, with blue as its theme color. Pinwheels are symbols of this important issue, and we encourage you to place a pinwheel (available at Dollar Stores) in your yard to show support. LMWC has always prioritized child welfare concerns and is proud of its long association with the students of Bancroft Elementary School. As schools reopen, we'll continue to serve when needed.

Most of you are aware that St. Luke's Lutheran Church has filed a lawsuit against our club in protest of the proposed development. The document we received lists many complaints, but in general we are in a property boundary dispute. Fortunately, CityMark, the developer and buyer of our property, will take the lead, or as our broker, Joe Yetter stated, "will guide the ship." CityMark continues to be excited about the project, and we're hopeful for a smooth resolution, although this delays the escrow process. Stay tuned and stay positive!

**LMWC 119th Birthday Celebration!**

Join Co-President Kathy as she leads the planning committee **Thursday, April 8th, 11am** at the Clubhouse. Celebration will take place Monday, May 17th which is the day LMWC was established 119 years ago. Hope to see you on the 8th!

We hope you and your families are safe and well. If you have a need, please contact us. Please also share your ideas and concerns.

Warmly, Betsy and Kathy



Happy April & Happy Easter! We certainly roared through March with activities and the promise of meeting in person once again. We started the month by celebrating the birthday of **Dr. Seuss** on March 2nd. LMWC purchased six Dr. Seuss books and donated them to Bancroft School in his honor. We celebrated **Women's History** during the entire month. Purple is the color of women's history because the suffragettes wore purple and white as they marched for women's rights. Our members wore purple to each of our meetings and events in recognition those strong women and their accomplishments. We recognized four local businesswomen, Nadia Mahalingham, the owner of the Lunch Box Café & Deli, Joannie Ham, owner of La Mesa Floral Design Shoppe, Phyllis Dorfman, owner of Rainbow Travel, and Sonja Steiner, owner of the Ramona Café. All four were presented with Certificates of Appreciation. Thank you, Darcy for designing the certificates, Marsha for printing the certificates, and Lou, Kathy, Darcy, and Sandi for presenting them in person to each businesswoman. In addition, we purchased boxed lunches from the Lunch Box Café & Deli and celebrated our first in person social in over a year on March 31st. Thank you, Lou for taking the lead and for arranging the food and taking reservations. Thank you to our hard-working Judy for "spiffing up" the clubhouse, and Judy, Lou, and Sandi for setting up and decorating. Twenty-two members enjoyed the luncheon and renewing old friendships.

As the restrictions are lifted, we will plan more of these fun events. Also, during March, several members "Zoomed" the CFWC virtual March Madness workshops. The ones I attended were interesting and educational. Thank you CFWC for providing these Zoom federation learning opportunities for all members. It appears that Zoom is here to stay.

We ended the month with a wonderful birthday celebration for **Esther Jones**. Esther turned 102 years young on March 29th.

**Coming Attractions:** April is Child Abuse Prevention and Awareness Month. In 2008, Prevent Child Abuse America introduced the "Pinwheels for Child Abuse Prevention" campaign. The Pinwheels represent hope, health, and happiness for all children.



In support of this national awareness program, we have 15 pinwheels to plant in the front planter of our clubhouse. A sign to identify the purpose of the Pinwheels will accompany them. If you have a pinwheel you would like to add to our "Pinwheel for Abuse Prevention Garden", please let me know and we will plan a special planting party for everyone. Let's fill our front planters with Pinwheels and let our neighbors know we are still here, and Child Abuse is still a problem that we can solve if we all work together.

Please send Jean Johnston your volunteer hours and money spent on club projects so far. Here is a list of meetings, community projects and club events in the past 3 months to help. Jean's email is [dollyjej@sbcglobal.net](mailto:dollyjej@sbcglobal.net).

**January:** Jan. 8, Zoom Exec Board meeting, Jan. 13 Zoom general meeting, Jan. 15, reports were due. Did you help write, or provide information for any of the reports? Jan. 20 Southern District Zoom meeting, Jan 21, Socks for Seniors drop off, Jan. 22, Tid-Bits for Leaders Zoom meeting, Jan 30, Membership Zoom meeting, did you donate magazines for S-G Hospital? Paid your dues in Jan. Send birthday cards & thinking of you cards to members during Jan. write article for Gavel Talk in Jan.

**February:** Feb. 5, Zoom Exec. Board meeting, Feb 5, Valentines to members, and LM Police & Fire Fighters, Feb 13, So. Dist. Meeting, Feb 17, So Dist. Gen. meeting, Wore Red to Bd meeting in honor of "Go Red for Women" & wear your cute little red dress pin all month. Feb 23, b/p check drive-up, Feb b-day cards sent to members, Sympathy cards sent to Jodi's family, Gavel Talk article prep., Purchased Girl Scout cookies from Troop 6731.

**March:** March 2, "Read across America" share your favorite read Zoom meet. March 5, Board meeting, March 10, Zoom gen. meeting, Mar. 17, So. Dist. Zoom meeting, Receive Dist. "Spotlight" newsletter, prep. article, March Madness Workshops attendance during the month, Mar. 27, Area D meeting, B-day cards sent to members, Mar. 29, b-day celebration for Esther, Mar. 31, box lunch social, wore purple, donate magazines, donate to Thrift Korral & Discharge with Dignity programs, prep for meeting speaker. Thank you for your help!

Hugs, Sandi and Jean



Big thanks to all members who responded “I’ll be there” to our box lunch and celebration of Women’s History Month on Wednesday, March 31st at the clubhouse. This was our first in-person get-together in more than a year and 22 members came ready to celebrate. Nadia Mahalingham, owner of the Lunch Box Café, took good care of us!

**New Member:** We are happy to announce a new member to the LMWC. Patricia Tripes was brought into the club by Margaret Mendez, our membership co-chairmen. Patricia loves horses and has ridden since she was a young girl.

Barbara Allen-Martinoski has renewed her membership from her home in Yuma and that’s good news too. Barb was in town for our Women’s History lunch and it was good to see her again.

**Celebration of Life – Jody**

We have been in contact with Jody Van Tieghem’s daughter, Vana Elwell. The family is hosting a Celebration of Life on Sunday, August 22nd at 11am at Harry Griffith Park in La Mesa. The park is located near Grossmont High School and all of our Woman’s Club members are invited to join Jody’s family and friends as they also celebrate Jody’s birthday that day. We’ll include a reminder in Gavel Talk’s August issue, but do save-the-date if you would like to attend.

**3rd VICE-PRESIDENT**

**The Executive Board has determined that a fundraiser in April is not feasible due to the continued shut down of large gatherings. Perhaps we will be able to schedule an event in the fall.**

**4th VICE- PRESIDENT**

**Darcy Barghols and Judy Burgess**

*Welcome Spring* which is what my new sign out front on our Red Barn says. As for programs, I have nothing planned for April; however March brought us a delightfully inspirational speaker from the Cuyamaca Conservation Gardens. Carol Stevens who shared the many opportunities the Garden has to offer. Meeting places, quiet corners to bring a book and a cup of coffee. Sauntering walks with a friend through different botanical gardens areas. Her main topic was on how to improve the growth of our roses and make them more robust and healthy.



Well travelers and cruisers, here’s what is on my agenda as a possible hopeful in the months ahead. I talked with owner of Rainbow Travel, Phyllis Dorfman (619-464-5345), and she mentioned that travel is slowly opening up. With travel on our minds she had mentioned an opportunity for fall 2021 for those interested. It is the Albuquerque International Balloon Festival in New Mexico October 2021. Whether we travel by bus or plane is to be decided. Possibly we will be able to gather and have an “IN HOUSE” club meeting in May or June to discuss this possibility in more detail. Please let Phyllis know, or me, if you are interested and I will start an “interest” list. She is also aware for the club members who had their Pacific Northwest trip to British Columbia cancelled that our hearts are still longing for that adventure. We will look to spring of 2022 for that possibility.



**FEDERATION NEWS:**

**Sandi Phoenix**

DISTRICT CONVENTION, "EVERYTHING'S COMING UP ROSES", is APRIL 17, at 9:00 A.M. IT'S FREE ON ZOOM! Lots of fun, lots of awards and honors, lots of sparkle. Lots of new & longtime friends. La Mesa has four voting delegates, 1 President & 3 member delegates. Say yes when you are asked to attend and vote. The reservation deadline is here. Let Betsy or Sandi know ASAP that you would like to attend. Also, go to Southern District's Facebook and check out the opportunity baskets, buy a ticket, then email Barbara Meyer, District Treasurer on which opportunity you would like to place your tickets. Barbara's Email address is grapestogo@cox.net.

MAY 13 – 17 IS CFWC CONVENTION, "METAMORPHOSIS!". IT TOO IS FREE ON ZOOM THIS YEAR! Registration is a little more complicated. I have the CALL and the Registration forms. REGISTRATION DEADLINE IS APRIL 15, 5:00p.m. Again, La Mesa has 4 voting delegates. There is much more voting at this convention and you MUST have your voting credentials to vote. There are 44 Resolutions to vote on. There are 35 proposed amendments to the CFWC Bylaws. There are interesting speakers, awards and honors, and more glitz and glamor than you can stand. This is your perfect opportunity to attend a CFWC Convention just to see what goes on higher up than our grassroots club level.  
Take care & stay well. Hugs, Sandi

**HOSTESS CHAIRMAN – Evening**

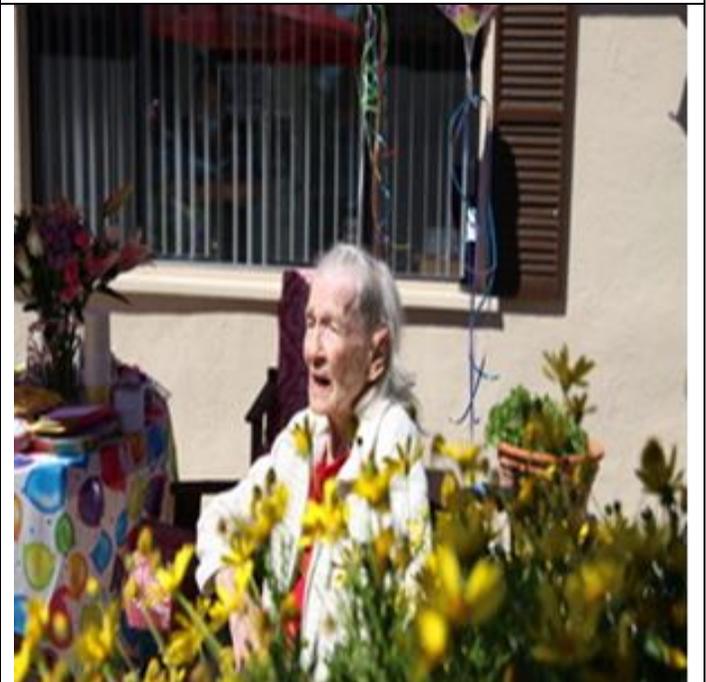
**Angie Lombardo/Roz Kennedy**

	The clubhouse is closed indefinitely due to the corona virus mandate to suspend all gatherings.
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<b>Bridge Dates:</b> <b>No bridge sessions until further notice.</b> <b>Sorry, ladies.</b>	
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**Esther Jones' 102nd Birthday Celebration**  
On Monday, March 29th, family, friends and members of the La Mesa Woman's Club met at Mom's House in Santee to wish Esther a wonderful birthday with birthday cards, balloons, flowers, cupcakes and iced tea. KUSI came and interviewed Esther and it was shown on the evening news!! She is a celebrity!!

Esther joined the La Mesa Woman's Club in 1985 and served as President for six years. She remained on the Executive Board for many years. Esther was selected Woman of the Year in 2012. She was of course an avid bridge player and organized the bridge groups. Esther is a special lady, admired and loved by all who have the privilege of knowing her.





Linda Sotelo had back surgery on March 26th and is now at Grossmont Post-Acute Care, 8787 Center Drive La Mesa 91942 for rehab. We don't have her room number but they will deliver mail to her room.

Linda cannot have visitors yet . . . only her husband, Rudy. Linda had quite a serious surgery but her doctor said she's doing well. She would welcome receiving Get Well cards from her club sisters. Please keep her in your prayers for a full and speedy recovery.

Linda's home address is: 4356 N. Rogers Road, Spring Valley 91977.