



La Mesa Woman's Club
 A Member of GFWC, CFWC &
 Southern District
 CA Federation of Woman's Clubs



GAVEL TALK - JANUARY 2021

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
JANUARY Fri 1 st <i>Happy New Year</i> Fri 8 th Executive Board Via Zoom at 9:30 am Wed 13 th General Meeting Via Zoom 6:30 pm	FEBRUARY Fri 5 th Executive Board 9:30 am Wed 10 th General Meeting Via Zoom 6:30 pm	 <i>No birthdays to celebrate this month!</i>

Presidents' Message



January Greetings! Happy 2021 to all. We sincerely hope that you enjoyed some aspect of a very different holiday season. Most of us are happy to view 2020 in the rear view mirror, yet we want to acknowledge those people who contributed to the blessings of this past year. We feel much gratitude for the essential workers and first responders who helped us all cope with our “new normal.” Our healthcare professionals are especially awesome! Congratulations to President Trump and the people responsible for “Operation Warp Speed.” Many of us look forward to receiving doses of the vaccine that was developed in record time.

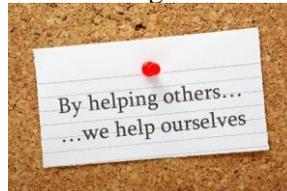
During the dark months of the pandemic, the LMWC worked to promote a happy, healthy, and hopeful message to its members. We all honed new technology skills, joining our club members and other Federation sisters in Zoom meetings. We joined Sandi for a spring tea party and enjoyed a virtual Christmas celebration. A huge thank you goes to Marsha for leading our Zoom efforts. Other online meetings occurred at the district, state, and national levels. GFWC hosted a special session with psychologist and magician, Alan Leeds, entitled “Making the Impossible Possible with MAGIC.”

Betsy Quinn and Kathy Tinsley



We could all use a little magic these days, and Mr. Leeds elaborated on his topic with an acronym, MAGIC, to emphasize the importance of attitude on our quality of life. The elements are:
 Mental attitude
 Agility
 Goals & Actions
 Influence and
 Commitment.

He encouraged us to “never waste a crisis” and to adopt the Nike slogan about solutions—“Just do it.”



The La Mesa Woman's Club will continue to “just do it” by continuing to identify needs in our community and to address them through giving and serving others. We know that 2021 will require our patience and vigilance as a society; hopefully we will be able to put the virus behind us in the coming year. Our condolences to those who may have lost a loved one to COVID. Cheers to 2021! Let's help keep each other safe and well.

Warmly, Betsy and Kathy

I am sitting in our RV in the desert among the huge sand dunes off Interstate 8. This is where we met our sons to celebrate Christmas. Today is quiet and peaceful. It's the kind of day when you want to just sit, relax, and reflect in your own little world. As I think back on our club year, I remember so many charitable projects and programs that we completed. I remember how we demonstrated our support and appreciation to the LM Police and Fire Departments, and to the many first responders with gifts of home baked goodies, fruit, root beer floats, canned goods, and all kinds of food for our medical front line essential workers, and senior residents of La Mesa. I remember the fun we had gathering for short times at the clubhouse to send thinking of you and 'thanking you' notes to our veterans, hospital medical staff, and clients of Meals on Wheels. I remember the blankets, towels, pillows, and rugs we donated to the Friends of Cats and animal rescue organizations, and I remember celebrating the 100th anniversary of the Women's Suffrage Movement even though our original plans had to be cancelled. The list of our 2020 charitable projects is too long for this article. It's VERY IMPRESSIVE, despite being in "pandemic lock down" most of the year. It's all because ***YOU, OUR MEMBERS, HAVE SUCH BIG HEARTS AND ARE FILLED WITH THE WOMEN'S CLUB "VOLUNTEER SPIRIT"***. It is important for you to know that we receive notes of appreciation from those we help. Your hard work does not go unnoticed. It is appreciated by many!

We closed our 2020 year with the donation of our beautiful piano to Montgomery Middle School. Betsy and I watched as the piano was delivered to its new home on the stage of the school's Bikson Theater. (see pictures) It makes an impressive center stage presence. The students and school appreciate our donation, and our piano will bring wonderful music to the school for many years to come.



We have two new projects to begin our 2021 year and one project to continue. They will be presented at the January Board meeting. The first project is "SOCKS 4 SENIORS". The San Diego County Council on Aging is asking for donations of pairs of new socks. The socks will be distributed to local senior residents to help keep them warm during this winter. The project deadline is January 21, 2021. We would like to contact our clubhouse neighbors and businesses to help us provide the "SOCKS 4 SENIORS", and have a one day "Drive-by-Drop-off Socks" in our clubhouse parking lot. It's a worthwhile project that will bring a lot of care to many people in our community. We need a chairperson for this project. Please contact Sandi to volunteer.

Our second project is a TRASH PICK-UP CHALLENGE". La Mesa Woman's Club members challenge each other, our friends and family, and our clubhouse neighbors to notice and pick-up 3 pieces of trash every day during the month of January. The person who reports the most trash collected will receive a \$20 gift card. We need a chairperson for this project too. Please contact Sandi.

Sharp-Grossmont Hospital Volunteer Auxiliary is accepting magazines. They request the magazines not be older than six months. They also request that you call the Volunteer Office when you are ready to deliver your magazines to arrange to delivery directly to a volunteer. The Volunteer Office phone number is 619-740-4059.

I hope you enjoy your New Year plans, and I look forward to seeing you in person very soon. Stay healthy and safe.

Hugs, Sandi



2nd CO-VICE PRESIDENTS

Lou Turner and Margaret Mendez

Happy New Year to everyone and big thanks to all of you who renewed your membership for 2021. At this point, we have about 97% renewals . . . that’s pretty awesome and we hopeful to have a response from those few others. Glynnis Andrews, who is a longtime member, has decided not to renew so we would like to take this opportunity to acknowledge her continuous support of the LMWC and extend to her open invitation to attend any of our future events or meetings. We are always glad to contact anyone interested in membership, so if you know someone, just give me a call (619-462-4746) or email (Injturner@cox.net). Annual dues remain at \$50 per person.

I would like to welcome Margaret Mendez who has joined our 2021 executive board as membership co-chairmen. Margaret joined in the fall of 2019 and was introduced to us by Jean Johnston who invited her to a meeting and she quickly decided to become a member. Margaret was originally from Albuquerque and lives in La Mesa. She’s is from a large family with a long military history (her father, brothers and her husband served) and she’s also an active member of the VFW Auxiliary in La Mesa. Welcome to the executive board, Margaret!

Wishing all of you a happy, healthy 2021 as we look forward to a much better New Year . . . so glad 2020 is finally behind us! Please stay well and be safe!

3rd VICE-PRESIDENT

Margie Hartman



SAVE THE DATE

The Executive Board has tentatively changed the October 30th fundraiser date to April 30, 2021 (5th Friday) as the date for our Roaring Twenties fundraiser.



4th VICE- PRESIDENT

Darcy Barghols and Judy Burgess

Programs... We all know about programs. We just spent this past year learning new programs. How to program computers, cell phones and television remotes. The best one was ordering Christmas presents to be delivered and sent without actually seeing what we purchased. Oh, and yes... having groceries delivered to our homes without knowing if the tomatoes or bananas are just the way we like them. To me Ice Cream was the best one. Still frozen when it reached the front door. We were programmed to stay home and stay safe.

With that in mind, staying home and staying safe left me with projects around my house. Painting rocks, my kitchen cabinets, shaping my Eugenia hedges into topiaries and how to be creative with my Christmas tree. I never put any ornaments on it. My Christmas tree started out with only huge 2 inch garland pearls that Betsy and I found at a craft fair. The pearl garland was to be used to decorate the clubhouse hall for Margie’s Roaring 2020’s fundraiser.

I have a tradition that I have done for half a century now. It is to reread my Christmas cards Christmas day from friends and family. Being that this year was rather unique I needed to do something in a positive way to remember it by. While reading the cards and looking at my unsheathed tree I decided I shall save my cards and do something special with them.

Hearts... I will cut out hearts. I will decorate my tree with hearts. So out came the scissors, whole punch and colorful satin ribbon. Below is my tree of remembrance. I will pack away the cards and in many years to come my grandchildren will find these heart shaped Christmas cards and remember 2020 as a year in which we delivered food, made signs, helped at the food bank, delivered dinners to shut-ins and became more benevolent. So as you see... we just need to reprogram how we think and be more creative. We need to find new ways to uplift and continue in a way in which we can bring good thoughts to each other and remember to be kind to all.



Good thoughts and better days.



The clubhouse is closed indefinitely due to the corona virus mandate to suspend all gatherings.

Bridge Dates:

**No bridge sessions until further notice.
Sorry, ladies.**



**La Mesa Woman's Club
5220 Wilson Street
La Mesa, CA 91942**