



*La Mesa Woman's Club*  
**A Member of GFWC, CFWC &  
 Southern District, Area D  
 CA Federation of Woman's Clubs**



## GAVEL TALK - AUGUST 2020

*Pat Kelly, Editor*

CALENDAR OF EVENTS		BIRTHDAY CORNER
<b>AUGUST</b> <b>Fri. 7th Executive Board</b> (via Zoom) 9:30 am  <b>Clubhouse closed</b>	<b>SEPTEMBER</b> <b>Fri 4<sup>th</sup> Executive Board</b> (via Zoom) 9:30 am  <b>Uncertain due to the mandate            to stay home and keep safe.</b>	 <b>Angie Lombardo 4th</b> <b>Jodi Van Tiegham 22nd</b> <b>Kathy Tinsley 31st</b>

### *Presidents' Message*



August Greetings to all!

We sincerely hope that you and your families are continuing in good health and staying safe. Maintaining well-being and keeping a positive attitude can be challenging, and we hope you have learned to adjust and cope during this “new normal.” One thing we are doing to get exercise and companionship is participating in a Zumba class in our clubhouse parking lot. Consider joining us Wednesday and Thursday evenings at 7:00 p.m. It’s fun! We fervently wish that we all could gather together and fondly remember the summer fun of last year. Please let us know if there is anything any of our board members can do to help you.

In this election year, we honor the 100th anniversary of the 19th amendment, which granted women the right to vote. On August 26, 1920, Congress ratified the amendment to the Constitution: “The right of citizens of the United States to vote shall not be denied or abridged by the United States or any state on account of sex.” Many bold and courageous women endured hardship and persevered to achieve this important right. Sadly, we acknowledge that it was not until August 6, 1965, that Black women could vote. President Lyndon Johnson signed the Voting Rights Act, which outlawed the discriminatory voting practices that many Southern states adopted after the Civil War to restrict Blacks from Voting.

### *Betsy Quinn and Kathy Tinsley*



The history of the women’s club movement in the United States is significant. As the Women’s Museum of California states: “What started off as social gatherings and book clubs grew during the Progressive Era into a fully grown social movement.” The focus became social reform for issues particularly related to children and families. Ladies, we have a proud heritage! For more information, we suggest contacting “[info@womensmuseum.org](mailto:info@womensmuseum.org)”

We are grateful for all members who have participated in our summer projects, despite our inability to gather. We have spruced up the clubhouse exterior, baked goodies for the La Mesa Police Department, and donated clothes to Sharp-Grossmont’s “closet.” See pictures in this newsletter.

La Mesa Woman’s Club is proud to make a difference in our community!

Warmly, Betsy and Kathy

Happy August everyone!



Our members have been busy during July with two more projects to support our community. What a wonderful group of community minded women you are. Volunteering and sharing with all of you gives me an inner feeling of friendship, caring and being cared for. It is a good feeling during these trying times. I hope this spirit carries over to you too.



**“Discharge with Dignity” Clothes Drive**

LMWC continued our support of the Sharp-Grossmont Hospital “Discharge with Dignity” Clothes Closet last Saturday, July 24th. For many reasons, some hospital patients do not have appropriate clothing to wear when they are discharged from the hospital. The “Discharge with Dignity” closet was opened to fill this need. It has been a huge success and every department in the hospital requests clothing. The clothing primarily comes from donations. La Mesa members have faithfully donated clothing for the past two years to the closet. Last Saturday six members donated 198 items of clothing including sweatshirts, sweatpants, jackets, shoes, socks, t-shirts, and undergarments. A huge thank you is extended to Betsy, Arnell, Margaret, Jean A., Robin, and Sandi for their support of the closet.



**Support & Appreciation to La Mesa Police**

It has been a rough time for the La Mesa Police. Our members expressed the desire to show our LMWC support and appreciation for all that they do. Carol chaired the project and when she learned that the officers love sweet treats, we knew what we would do. Nineteen of our members baked and shopped for goodies and fresh fruit, then gathered at the clubhouse last Saturday, July 24th, to individually package cookies, muffins, brownies, scones and 3 flavors of bread. The treats filled 7 trays and two baskets. Each treat filled tray was placed in a plastic cello bag and tied with a blue ribbon. Fresh apples, oranges, nectarines, and grapes filled a basket which was also placed in a cello bag and tied with a blue ribbon. Darcy designed a giant appreciation card appropriate to hang on the wall inside the Police Station. We all signed the card and Carol presented it to the Police Officers who greeted us. Betsy composed a club letter of support that was delivered to the Police Chief. It was very heartwarming to see the smiles on the faces of officers and employees as we delivered the goodies. It was also great fun to see our club friends in person as we packaged the trays and baskets. A huge thank you goes out to Carol, Lou, Kathy, Betsy, Pat S., Pat K., Jean A., Jean J., Margaret, Robin, Mary Lou, Sharon, Judy, Darcy, Roz, Angie, Marsha, Elaine, and Sandi.

Our members expressed the desire to show our support of the *La Mesa Fire Department* next. We will be planning this project for August, so keep your eyes open for more information coming soon.

Take care and stay safe my friends, Sandi

**2nd VICE PRESIDENT**

**Lou Turner**

On Friday, July 24th, we had an opportunity to come together and express our thanks and appreciation to the La Mesa Police Department. The response from all our board and many active members was awesome and we were able to deliver a wide variety of sweets and fresh fruit for the officers and staff members to enjoy. It was good to catch-up with everyone again as we wrapped trays of goodies for the LMPD staff to enjoy. Thanks to all of you for your contributions! Get well thoughts and best wishes to our own Elaine Ayres who is recovering from shoulder surgery. Take good care, Elaine!!

**3rd VICE-PRESIDENT**

**SAVE THE DATE** Our Roaring Twenties fundraiser has been postponed to October 30th.

**Margie Hartman**

**4th VICE- PRESIDENT**

**Darcy Barghols and Judy Burgess**



Well members, since Programs have not happened, I have turned to Projects. Believe it or not spring turned to summer quite quickly with my many ventures between the sewing table and the garden. I started with "Masks" that several members have enjoyed wearing.



Spring plantings next: Tomatoes, pumpkins and yes...birdhouse gourds



And the joy of my garden was from my milkweed plants. Yes, beautiful butterflies.

Remember what Mary Stewart said. "O Lord, let us not forget to be kind."

**HOSTESS CHAIRMAN – Evening**

**Angie Lombardo/Roz Kennedy**

The clubhouse is still closed. We hope to be able to meet again in September.

Bridge Dates:

**No bridge sessions until further notice. Sorry, ladies.**



**Baskets of goodies for the La Mesa Police Dept.**



**Darcy with LMPD Dispatcher, Debbie**



### **Care & concern for our members:**

A message from *Esther Jones* son, Bruce was received recently. Bruce states Esther is doing well. Like the rest of us, she gets bored with staying in place due to the Covid-19 and would love to hear from her club friends. She can take phone calls. Her phone number is (619) 312-2250. She also enjoys window visits. Call ahead to set the up this visit.

*Arnell Sanderlin* also says hi to everyone. She is doing well, just feels a little tired. She would love to have phone visits with her club friends. Arnell emailed a request to express how very grateful she is for all of the support, condolences and kind words from everyone at the La Mesa Woman's Club. She is very thankful to all for their kindness.

*Elaine Ayres* had surgery on her shoulder on July 27th. Be thinking of her as she recovers. Cards are always appreciated.

If you know of a member who has been ill, or just has a need for our care & concern, please let one of our board members know.

**La Mesa Woman's Club  
5220 Wilson Street  
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