



La Mesa Woman's Club
 A Member of GFWC, CFWC &
 Southern District
 CA Federation of Woman's Clubs



GAVEL TALK - JULY 2020

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
JULY Fri. 3rd Executive Board (via Zoom) 9:30 am Clubhouse closed due to the corona virus mandates.	AUGUST Fri 7th Executive Board (via Zoom) 9:30 am Uncertain due to the mandate to stay home and keep safe.	 Margaret Mendez 10 th Judy Burgess 13th Elizabeth Quinn 31st

Presidents' Message



July Greetings! Hopefully everyone is staying healthy and safe as we move into the summer months. Of course we had hoped that by now we might have moved past the worst of the pandemic. However, last week's statistics remind us that this virus is truly unknown and completely unpredictable. We must continue to keep each other safe, and the "Three W's" can be a guide for life in the "new normal": Wear a mask, Wash your hands, and Wait 6 feet apart. Sounds as if an elementary school teacher developed that phrase, but it makes sense.

Our heartfelt appreciation goes to some outstanding members of the La Mesa Woman's Club. Thanks to Sandi Phoenix and Darcy Barghols, who spearheaded a group that gathered to paint signs of solidarity to be posted in our community. The charming red, white, and blue home of Kathy Tinsley was the site of the "paint party", where plain plywood panels were turned into posters of encouragement and unity. Be sure to drive by the clubhouse and Rainbow Travel in the village to check out our creativity. A very special thank you goes to Doug Barghols for his role in this project, especially for expertly hanging the sign at our clubhouse. LMWC once again demonstrates a proud and positive spirit in La Mesa.

Betsy Quinn and Kathy Tinsley



As you may know, this year celebrates the 100th anniversary of the 19th Amendment. A couple of activities are possible if you wish to participate in the commemoration. The **Women's Museum of California (at Liberty Station)** is offering a virtual tour of its archives in an Open House on Thursday, July 9, at 5 p.m. It will be a Zoom meeting—contact womensmuseumca.org. On Monday, July 6 at 9 p.m. PBS will air the film, "The Vote." The intriguing ad for this event states simply and powerfully, "Women weren't given the vote. They took it."

Although our club will not meet this summer, your board will hold its executive meeting on the first Friday of each month. Please let us know if you would like to place an item on the agenda. Also, feel free to contact a board member with any comments or suggestions. We miss each of you and look forward to September, when we can hopefully meet in person. Happy Fourth of July to all, and we close with this quote for your contemplation: ***"I cannot do all the good that the world needs. But the world needs all the good that I can do."*** We may be socially distanced, but we can still be kind and open-hearted.

Warmly, Betsy and Kathy



Happy July everyone!

☺Summer is here. I hope you are following the recommended self-care behaviors and staying well. If you need anything or would just like to visit, please call.

Our community service projects have slowed to almost nothing. EXPRESSIONS OF THANK YOU go out to six of our members, Pat K., Nora, Jean J., Betsy, Marsha & Sandi for writing notes of appreciation to doctors, nurses and all healthcare workers who care for premature babies in the Neonatal Intensive Care Unit. The 35 notes written on La Mesa WC note card stationery, were sent to our local March of Dimes who forwarded them to NICU'S in local hospitals beginning with our La Mesa based Sharp-Grossmont Hospital. Great work ladies!

HAVE YOU BEEN BY OUR CLUBHOUSE LATELY TO SEE THE BEAUTIFUL SIGN OF SUPPORT FOR OUR CITY OF LA MESA AND ALL ESSENTIAL WORKERS THAT IS HANGING ON THE FRONT OF THE CLUBHOUSE? **It is so cool!** We have another sign of caring and support in the window of Rainbow Travel on La Mesa Blvd. in the Village. Thank you, Phyllis, owner of Rainbow Travel for allowing us to place our sign in the window of your travel agency! A HUGE THANK YOU goes out to Darcy and husband Doug for donating one of the boards, lots of paint and expertise and for hanging both signs; also to Kathy for opening her home & back yard to us for a paint party so we could design and paint these signs; also to Lou for donating one of the boards, also to Pat, Margie, Marsha, Elaine, Sandi and Judy for painting, and encouraging us through this project.

You all remember on May 30th, our charming little city was devastated by rioters. The huge amount of destruction that was inflicted on La Mesa affected our members in many ways. One of our La Mesa resident members expressed that her first reaction was nausea and tears for her lifetime home. The uncalled-for destruction left so many of us in tears and with feelings of helplessness and even anger. Painting these signs provided a positive outlet for our feelings as we were able to express our appreciation for all Essential Workers fighting COVID-19, and our caring and support for our City of La Mesa. Many of us walked through the Village and the Springs Shopping Center to express our La Mesa Woman's Club support to the business owners. Kathy signed four volunteer sheets offering LMWC support. YES, LA MESA STRONG!



POSSIBLE SUMMER PROJECTS: We talked about showing our support to the La Mesa Police and Firefighters by baking treats and expressing support through a club letter. Neither of these has been voted on as projects. I know its July and we are dark as club projects go, however, we can still do these things, if you would like. I will bring them up at our next board meeting on July 3rd. Please let me, or any board member know if you would like to participate in the baking of treats for the LM Police and Firefighters.

COVID-19 is still with us and taking an upsurge. We can also express our continued support to doctors, nurses, and all healthcare workers by providing treats for them also, if you would like. I will contact Linda, at the Volunteer Office for suggestions and bring them to the July board meeting.

Maybe we can do something sort of social this summer too. Put your thinking caps on and let's see what we can plan. In the meantime, **STAY HEALTHY and KEEP SMILING.**

☺☺☺ Sandi

2nd VICE PRESIDENT

Lou Turner

Happy 4th of July to everyone!

The months seem to pass quickly and our normal activities still have not fully resumed. We are fortunate that all members seem to be doing well and for that we are grateful. I wish everyone a nice 4th of July and hope you're able to spend some time with your families and enjoy the day. This is a very troubling point in time for our country so let's continue to pray for calm and peace in our world. I miss seeing all of you! Stay safe and well.

3rd VICE-PRESIDENT

Margie Hartman



SAVE THE DATE
Reminder: Our Roaring Twenties fundraiser has been postponed to October 30th.



4th VICE- PRESIDENT

Darcy Barghols and Judy Burgess

PROGRAMS:

- P** Promise to promote and encourage others
- R** Remember others with a call or card
- O** Opportunities to make a difference
- G** Grow camaraderie with in community
- R** Reach out to others
- A** Allow us to be leaders and set good examples
- M** Memories to share and carry onward
- S** September, when we can come together again.

Ladies, and let us remember to always be kind



Springtime at Darcy's

HOSTESS CHAIRMAN – Evening

Angie Lombardo/Roz Kennedy



The clubhouse is closed indefinitely due to the corona virus mandate to suspend all gatherings. We hope to be able to meet again in September.

Bridge Dates:

**No bridge sessions until further notice.
Sorry, ladies.**



LMWC sign to support Essential Workers – with masks and without.

If you would like a "Golden Girls" shirt contact Kathy at 619.770.0257



Home of the Free Because of the Brave!



Second LMWC sign to show our support of the City of La Mesa in Rainbow Travel's window.

**La Mesa Woman's Club
5220 Wilson Street
La Mesa, CA 91942**