



La Mesa Woman's Club
 A Member of GFWC, CFWC &
 Southern District
 CA Federation of Woman's Clubs



GAVEL TALK - APRIL 2020

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
<p>APRIL</p> <p>Fri 3rd Executive Board 9:30 am (via Zoom)</p> <p>Clubhouse closed indefinitely due to the corona virus mandates.</p>	<p>MAY</p> <p>Uncertain due to the mandate to stay home and keep safe.</p>	 <p>No Birthdays in April</p>

President's Message



April Greetings!

How strange our world has become during the past month! It seems impossible that Betsy and Chris left on their anticipated trip to Spain on March 2 and were forced (thankfully) to return a week early. Their two-week quarantine ends tomorrow, but now everyone must stay home. Each of us is learning to live with the "new normal" of the coronavirus pandemic and to accept the uncertainty we're experiencing.

Yet we are women of Faith and firm believers that there is good in everything that happens. Our solitude presents an opportunity to reflect on the many blessings in our lives. We share some thoughts sent by a friend:

- "What the coronavirus is teaching us:
- Our best protection: SPIRITUALITY
- Our best refuge: HOME
- Our best company: FAMILY
- Our real-time: TODAY
- Nature's call: STOP & RESPECT"

Betsy Quinn and Kathy Tinsley



Our friends, family, and neighbors help keep us connected to our beautiful East County. Your executive board members have been in regular communication, and we plan to meet "virtually" this Friday using the Zoom program. We thank all of our members who helped to create forty toiletry kits for use by the San Diego Rescue Mission, and they will be delivered when appropriate. We also added many cards to the mail call for the next Veterans' Honor Flight. As you clean out closets and organize drawers, consider setting aside some items for our local thrift shop or a possible LMWC garage sale.

Stay in touch with each other. Thanks for all the jokes, cartoons, photos, and encouraging emails. As we've heard, we're all in this together, and we will prevail. We hope to resume use of the clubhouse in May, and if there is a need among you, please let us know. Be safe and stay healthy!

Warmly, Betsy and Kathy



Happy Spring and Happy Easter to everyone!

Finally, we are having some warm, sunny spring like days. It feels so nice to get outside. I am a sun person. The sun just warms me inside and out and makes me happy. I bet some of you are like that too. What are you doing to get outside? I take my dog, Rudy, for a walk. It's Rudy who actually takes me for a walk. Rudy is a big, STRONG, black Labrador. He loves to run and run and run and pulls me up hill and down right behind him. We have a couple "walking" routes around our neighborhood. It has become a wonderful social time for all of us, Rudy, Ted and me.

This month huge thank you's go out to Kathy, Darcy, Jean J., Pat K., Pat S., Margaret and Barb! These members wrote 56 notes to veterans who will receive them during "Mail Call" when their Honor Flight visit to Washington DC resumes.



More words of gratitude go to so many of our members for donating toiletry items to make 40 "Care Kits" for the homeless. Thank you again to Jean J., Margaret and Pat S. who organized all the items on two tables and assembly-line fashion assembled the 40 kits. These and 3 more bags of misc. items are being delivered to the San Diego Rescue Mission for their homeless clients.

I am excited that even without a fundraiser until October 30th, a board vote passed to award five \$1,000 scholarships this year. Margie tells me that once again the applicants were OUTSTANDING! Read Margie's article to learn all about our scholarship recipients.

I am disappointed our tour of the Timken Museum of Art to view the special exhibit, "Captivating Women" had to be cancelled. Keep your fingers crossed that we will be able to tour the Women's Museum in Liberty Station later this year. Watch for tour updates in your Gavel Talk.



It's difficult to work on a service project without the ability to get together. However, there are a few things we can still accomplish. Here are a few suggestions:

1. Clip coupons for the military. Collect coupons and bring them to the clubhouse when we can be together again. Military families use them when they shop on base.
2. Continue to clean out your cupboards, closets, dressers, rooms and garages. Gather your discards and let's have a huge rummage sale when we can be together again. Betsy has already agreed to lead us with this project.
3. Call and email each other weekly. Look through the club directory and call a member you have not seen in a while. It's important that we stay in contact and check on each other.
4. Keep those funny email stories coming. We all enjoy reading them.
5. The Rock Church is asking for volunteers to help restore facemasks for medical workers and first responders. Many of us cannot volunteer for this, but if you are able, I urge you to call or go online to volunteer. They have a procedure, so you must call first.
6. The East County Transitional Living Center is also asking for donations. They can use many gently used items including household items, clothing, shoes, and of course, money.
7. If you know of a community or personal need that our members can fill, please call me and let's see how we can fill that need.
8. Most importantly, continue to follow the isolation and health behaviors that are recommended and stay healthy and safe. If you have need for anything, please feel welcome to call me any time. We are sisters in federation and here to stand by each other.

Members have asked me if there is a program we could help with during this corona virus pandemic. This afternoon in Governor Gavin Newsom's Corona virus Update news conference, he asks for help with calling seniors. If you are looking for a way to help, this is something we could do. We can start with our members by calling 5 members per week to chat and to check with them for any needs they might have. We can expand this to our neighbors and friends in the community.

There are 2 assistance phone numbers if someone needs help. The first number is a Hot Line 833-544-2374. The second is the 211 Specific Services line. There is always 911 in an emergency also.

If you are interested in helping to contact seniors, let me know and we will quickly put a program together.

I continue to keep you all in my prayers.

Sandi

2nd VICE PRESIDENT

Lou Turner

Oh, what a difference a month makes!! To say the least, life has certainly changed for all of us during the month of March. However, on Friday, March 6th, club members and bridge players were able to gather in the Tea Room to recognize our newest Honorary Member, **Jodi VanTieghem**. Executive board members provided a nice buffet lunch for everyone to enjoy. Jodi was so gracious in accepting this well-deserved tribute. Jodi’s daughters, Vana and Robin, her caregiver, Lani, and many of Jodi’s family, including several great grandchildren, attended and we were so happy they wanted to be part of our celebration.

Sandi Phoenix had a wonderful testimony to Jodi and recapped her longtime history with the Club, then several others shared their personal thoughts about Jodi and it was just a really an enjoyable afternoon. The only disappointment was that Esther Jones, our other Honorary Member, was unable to be with us due to health issues.

Again, congratulations and thank you, Jodi, for letting us honor you for your dedication to the La Mesa Woman’s Club!



Jodi VanTiegham, Honorary Member with Kathy Tinley, Co-President

3rd VICE-PRESIDENT

Margie Hartman



Thanks to all of you for all your work in planning our “Roaring 20’s” Card/Bunco Party originally scheduled for March 30th. Hopefully we can continue our efforts toward raising money for scholarships at our postponed fundraiser on October 30th. Save the date!

4th VICE- PRESIDENT

Darcy Barghols and Judy Burgess

Inspirations from
Dr. Maya Angelou

I’ve learned that people will forget what you said,
people will forget what you did,
but people will never forget how
you made them feel.

We can do this, ladies! It is
“Our Year” !!

Your 4th Vice Presidents, Judy and
Darcy





We received **51** scholarship applications by the March 12h deadline. All high schools within the Grossmont Unit High School District were represented. The Executive Board voted to award five \$1,000 scholarships. Judging will be done in March & April. The winners will be announced and awarded checks and certificates in May & June.

FEDERATION:

Sandi Phoenix

OUTSTANDING LEADER FOR 2019: At this time each year Southern District asks each club to select a member who demonstrates outstanding leadership. Usually, these award-winning members are honored during the District Convention. Our convention has been canceled due to these extra ordinary times; however, Southern District is planning a special celebration when our gathering and isolation restrictions are lifted and asked for the name of our club’s **Outstanding Leader for 2019**. Our traditional procedure is to take nominations at our April general meeting. The member with the most nominations receives the honor. More than one member of LMWC receives communications from the District and a recommendation to nominate our Co-Presidents as Co-Outstanding Leaders has been made. **It is important that all members have a voice in this selection. Therefore, all members are asked to email or call Marsha or Carol with a nomination for the Outstanding Leader honor. The deadline for the nomination with the most nominations receives the honor.**

April 24th is Federation Day. On April 24th, 1890, 63 clubs came together in New York to form the General Federation of Women’s Clubs. Jane Cunningham Crowley, who was a newspaper reporter writing under the name of Jennie June, took the leadership position. Today, with over 80,000 clubwomen & 3,000 clubs, we continue to stand together & celebrate “Unity in Diversity”. Watch for something special coming your way this April 24th.

HOSTESS CHAIRMAN – Evening

Angie Lombardo/Roz Kennedy



The clubhouse is closed indefinitely due to the corona virus mandate to suspend all gatherings. Many thanks to Nora Maxwell and Pat Kelly for the delicious brownies, cupcakes, cookies and snacks they provided at the March meeting with a St. Patrick’s Day theme.

Bridge Dates:

No bridge sessions until further notice. Sorry, ladies.



