



La Mesa Woman's Club
 A Member of GFWC, CFWC &
 Southern District
 CA Federation of Woman's Clubs



GAVEL TALK - JANUARY 2020

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
JANUARY Fri 3rd Executive Board 9:30 am 1st Friday Bridge 11:30 am Wed 8th Evening Mtg. 6:30 pm Mon 13th Hospitality Tea 11:30am Tue 21st Marathon Bridge 2:00pm Mon 27th Bridge Lunch 11:30 am	FEBRUARY Fri 7th Executive Board 9:30 am 1st Friday Bridge 11:30 am Mon 10th Hospitality Tea 11:30 Wed 12th Evening Mtg 6:30 pm Tue 18th Marathon Bridge 2:00pm	 No January Birthdays!

President's Message



January Greetings!

This new year brings not only a new page on the calendar and the challenge to switch from writing "2019" to "2020," it marks the end of a decade. For some this date signals the beginning of changes--perhaps you're someone who enjoys making resolutions to improve your life. Or if you're like me, it's a time to reflect with gratitude on the past year.

It can be difficult to feel thankful in a world experiencing deep unrest. The protests in Hong Kong and India, as well as in other countries, remind us that we in America live in a society of abundance and order. Although we have challenges and trials, we also have relative peace. The horrific wildfires in Australia point out that our planet needs our constant care and critical attention. Close to home, we face daily reminders that some people in our community do not have a warm, dry place to sleep. Sometimes the problems seem to be insurmountable.

However, we are part of an organization that makes a positive difference in the world. My gratitude this year includes my service in the LMWC.

Betsy Quinn and Kathy Tinsley

How fortunate we are to have a dedicated, active board and such talented members! Although illness prevented me from attending the Christmas luncheon and installation, I heard about the amazing creativity shown by Nora with the Santa's reindeer theme. Both of us extend sincere thanks to everyone who participated in this festive holiday affair. Each of us agreed that we had never received such a gorgeous poinsettia plant--many thanks for the generous gift.

Looking ahead, we will join with our GFWC sisters by participating in the Grand Initiative on MLK Day. We are collecting gently used blankets and towels that will be donated to local animal shelters, and new blankets will go to the nearby Transitional Living Center in El Cajon. We're always interested in new projects that will benefit others--animals included!

Our clubhouse sale progresses steadily, if slowly. Most likely escrow will not close until the end of the year, and we'll keep you posted. We wish you the best in 2020--let's all move a bit closer to "perfect vision." In the words of Oprah Winfrey, "Cheers to a new year and another chance for us to get it right."

Warmly, Betsy and Kathy



Oh my gosh, today is Tuesday, December 31, 2019. We are about to ring out another year, actually an entire decade, and cheer in the year of 2020. Looking back in history, the 1920's were exciting and very eventful years for the world, for the United States, and for women. I wonder what the 2020's will bring.

I recently read an article in the Union Tribune written by Liz Reyer, titled "Choose an inspirational word to guide you throughout 2020". I was inspired by Ms. Reyer's article and have been thinking about a theme, or inspirational word, to guide us through our 2020 year of community service. In her article, Ms. Reyer describes the process she goes through to select the perfect word that exemplifies what she aspirations. The word must help overcome challenges, help us to advance to a higher level and have some selflessness built in. Don't we all want to make the world a better place, she asks? She lists a long process and a selection of words that are ultimately rejected. The inspirational word she finally selects to guide her through 2020 is **SERVICE**. I love it, and I am going to adopt it for our 2020 theme word. Isn't this exactly what we are all about? Let's see where it takes us as we begin a new decade.



OUR FIRST SERVICE PROJECT FOR

2020: You will remember hearing about the "Seven Grand Initiatives" our GFWC President, Mary Ellen Brock, presented when she started her 2018-2020 term. One of those Initiatives is for women's clubs throughout the United States to participate in the "Martin Luther King Jr. Day of Service" and complete 1,000 service projects during the day. To support the MLK, Jr. Day of Service, your board voted to donate items to animal shelters. I have searched and searched via the internet and found many requests for monetary donations, but nothing for gently used items. Our club treasury cannot support this kind of donation at this time, however, if you would like to make a cash donation to an animal shelter, or sanctuary of your choice, in support of the GFWC, MLK Jr. Day of Service, we will be very appreciative and please let us know of your donation so we can pass the information to GFWC. Three local suggested and approved animal shelters and sanctuaries include: Lions, Tigers and Bears in Alpine, Friends of Cats in El Cajon and the San Diego Humane Society. Today, I completed a search by calling PetSmart and Petco and they were most helpful. I received three suggestions, the SD Humane Society, the East County Animal Rescue, and Friends of Cats. MLK, Jr. Day is Monday, January 20, 2020. We will be collecting items including clean, usable blankets, towels, pillows and dog and cat food at the clubhouse from 10 a.m. to 2 p.m. Your donations will be delivered to one of these facilities. If you recommend another local animal shelter that will accept gently used items, please let me know right away. Thank you!

REPORTS: It is report writing time. We have two weeks to complete our reports. All reports will be submitted electronically this year, which should be helpful. I will contact members directly who are helping with this process. Thank you in advance for your help!

In closing, I wish you all a Happy, Healthy New Year

2nd VICE PRESIDENTS

Lou Turner

Happy 2020 to all! We hope everyone enjoyed the Christmas season and are now eager to start a new decade. Wow! As 2019 came to an end, we were pleased that our roster grew by 4 new members. And, as we begin a new year, we feel fortunate that Pat Spear and Margaret Mendez have also decided to join us. Pat is a close friend of Jean Adams and Jean Johnston introduced Margaret to us. We are hopeful that each of these ladies will share their talents and take an active role in our club. With our spring Bridge and Bunco fundraiser coming up on March 30th, we welcome every member to contribute in the planning of this event.



A REMINDER: Thanks to everyone who has renewed their membership for 2020. A "reminder" notice is being mailed those who have not yet paid. Annual dues remain at \$50 per person and we hope everyone will want to continue their support of the LMWC. Please contact Lou Turner with any questions 619-462-4746.

3rd VICE-PRESIDENT

Margie Hartman



Jan. 20th, Monday @ 9:30—please come to the LMWC clubhouse for a meeting to plan our big Card-Bunco Party Fundraiser. Please be thinking of a theme for the March event and bring your ideas to the planning meeting. Tell your friends to **SAVE THE DATE**—**MARCH 30th, Monday @ 9:30.**



4th VICE- PRESIDENT

Darcy Barghols and Judy Burgess

Wow.... 2020 is here. Articles need to be written and speakers need to be lined up. Judy and I have been exchanging thoughts on how we want to proceed in the New Year.

For January, Judy is presenting eating healthier and has asked Amy Weidenhoff from Sprouts Family Market to come and be our guest presenter. Therefore the snacks for the evening will be from Sprouts.



LMWC Cruise May 19th thru Rainbow Travel

Is your Cruise Control Set in ready go position? There will be a meeting at the Club House on January 10th at 10am for those who have booked the Royal Caribbean Cruise in May. This meeting is for those who plan to stay on a few days after the cruise has ended and discuss possible options of things to do. Please bring your ideas and suggestions. If you plan on coming home directly after the cruise ends, please make your own arrangements, or Phyllis at Rainbow Travel will be happy to assist you at (619-464-5345) or phyllis@rainbowtravelcruise.com. PS..... I believe she still has a few cabins left if you would like to join us!

HOSTESS CHAIRMAN – Evening

Angie Lombardo/Roz Kennedy



Twenty members of the La Mesa Woman’s Club attended the annual Christmas dinner at Marie Callender’s on Wednesday, the 11th of December. Happy to see Joy Taylor and Margaret Mendez, guest of Jean Johnston’s who has joined as a member. We enjoyed a nice dinner and a fun gift exchange.

The hostesses for January’s Evening meeting are Darcy Barghols and Judy Burgess, our Program co-chairs. They have scheduled an informative speaker on healthy eating and will provide healthy snacks – a change from the usual sweets.

JANUARY Bridge Dates:

Friday, 7th	1st Friday Bridge	11:30 am
Monday, 13th	Hospitality Tea	11:30 am
Tuesday, 21st	Marathon Bridge	2:00 pm
Monday, 27th	Bridge Lunch	11:30 am



Hospitality Tea: This month Dorothy Dixon's table will provide the refreshments.
If you are interested in substituting or playing bridge, please call Esther at (619) 583-5010.



Our dear friend, Esther Jones, is in the hospital after suffering a fall and breaking her hip. She has had surgery and has begun the healing process. Please keep her in your thoughts and prayers for a full and speedy recovery. We will let you know when she can have visitors. Get Well or Thinking of You cards can be sent to her home address: 4552 Lucille Drive, San Diego, CA 92115

