



La Mesa Woman's Club
 A Member of GFWC, CFWC &
 Southern District
 CA Federation of Woman's Clubs



GAVEL TALK - DECEMBER 2019

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
DECEMBER Fri 6th Executive Board 9:30 am 1st Friday Bridge 11:30 am Mon 9th Hospitality Tea 11:30 am Wed 11th Evening Mtg/Dinner at Marie Callender's 5:30 pm Mon 16th General Assembly/lunch Installation of Officers 11:30 am	JANUARY Fri 3rd Executive Board 9:30 am 1st Friday Bridge 11:30 am Mon 13th Hospitality Tea 11:30am Wed 14th Evening Mtg. 6:30 pm Tue 21st Marathon Bridge 2:00pm Mon 27th Bridge Lunch 11:30 am	 Nancy Watson-Evans 10th Beth Miller 21st

Presidents' Message



Holiday greetings!

As I turn the calendar page from November to December, I ask myself, "How can this be the last month of 2019?" I do understand that time passes more quickly as we age (remember as a child just pining for Christmas?) and somehow the days pass more quickly than the multiple catalogs that stuff my mailbox. Anyway, we hope that this December finds you in the true holiday spirit, and also that you remember to take moments for yourself. One of the magazines I receive had a recent column about "de-stressing" for the holiday season. A couple suggestions that resonated with me--

- "I allow myself one 'no' a day. We don't have to do everything for everyone every day."
- "Keep exercising."
- "Attend advent services--remember the reason for the season."
- And this one, especially poignant for me this year--"I close my eyes and think of the loved ones who are no longer with me."

Betsy Quinn and Kathy Tinsley

We attended a legislative open house recently and were impressed by the many altruistic organizations operating in East County. Sandi and I were warmly welcomed at Sharp Grossmont ER when we delivered our "kid kits." I thoroughly enjoyed shopping for my "Bancroft adoptee" and will bring my bag of goodies to the clubhouse this Friday.

Regarding the clubhouse sale--we have accepted the CityMark offer and are in negotiations with St. Luke's Church regarding our southern boundary. Consequently, escrow will most likely not close as expected, and we so appreciate Judy Burgess for her efforts in securing new tenants. Please, everyone--spread the word that our facility is open for rentals in 2020!

We hope to see many of you at our annual Christmas dinner at Marie Callender's and also at the Christmas luncheon at the clubhouse. We both wish you the merriest of holidays and send prayers for peace in our world in these troubled times.

Warmly, Betsy and Kathy



Oh, my goodness, another year is ending. Where did 2019 go? As I organize my community service files for report writing, I am so impressed with all that YOU accomplished during 2019. CONGRATULATIONS! OUR COMMUNITY AND SO MANY PEOPLE BENEFITED FROM YOUR SERVICE!

La Mesa Thrift Shop donations: Let's wrap this year with a final item donation project to the La Mesa Thrift Shop. It is tradition for LMWC to support the Thrift Shop that we helped establish. We cannot donate money this year, so let's donate clean, usable items that the shop can sell to make money. Please bring your saleable household items and clothing to the clubhouse on any Monday, or to any Bridge day, or any meeting during December. The last day to donate for this year is Monday, December 16. This is our Holiday Luncheon and Installation of 2020 Officers. Your items will be collected and delivered that week to the Thrift Shop. Thank you ☺

Bancroft School Holiday Adopt a Child project: It is always such fun to shop for a child during the Holidays, especially when you know that without your help, this child might not receive a toy for Christmas. Please see Marsha's article for information and deadline delivery dates for our Bancroft School Holiday Adopt a Child project. Also, don't forget to add a book to your Holiday gifts this year. Our goal is to give each child a book of their very own.



NEW PROJECTS:

Thinking ahead to January: Let's begin a new year with a new project, "BLANKETS RECYCLED". There are several resources in our community that are asking for blankets, blankets for domestic violence victims, for personal use and for use on beds in their living accommodations; blankets for the homeless, and blankets for animal shelters. As we put away our Holiday decorations, let's clean out our linen closets and recycle our blankets. Animal shelters are looking for clean blankets that might be on the "more used" side. Homeless facilities are requesting gently used, clean blankets. If you feel extra generous, take advantage of the Holiday sales and purchase a new blanket that can go to furnishing the intermediate homes of domestic violence victims. Bring them to the clubhouse in January. We will have a sorting/packing party and donate them for you.

As I end this year as 1st Vice President, I want to again thank each of you for making this a very meaningful year. I am just so proud of all we, LMWC ladies, have accomplished to make our local and extended neighborhoods a better place to live. This is not something one person alone can accomplish; IT IS A GROUP EFFORT. STAND PROUD LADIES, WE ARE LA MESA WOMAN'S CLUB IN ACTION!

Merry Christmas and Happy New Year to all.

With Hugs, Sandi

2nd VICE PRESIDENTS

Carol Dreesen and Lou Turner

As 2019 comes to a close, we would like to say “Welcome” again to the five (5) new members who joined us this year. They are: Mary Lou Kohl, Robin Dunham, Nancy Watson Evans, Barbara Allen and Pat Spear.

Because 2020 is quickly approaching, it is time to collect **membership dues** for the New Year. We remain at \$50 per person and hope that everyone will continue to support the LMWC. Please make your \$50 check payable to: “LMWC” and write “2020 dues” on the memo line. You can give me your check at our December 6th Board meeting, at our Christmas Dinner/Gift Exchange at Marie Callendar’s on Wednesday, December 11th or at our Christmas Lunch/Installation of 2020 Board Members on Monday, December 16th. Thanks to those who have already paid and to members who mailed their checks directly to the clubhouse. I will give a written receipt to everyone who continues their membership. If more convenient, bridge players can give their checks to Nora Maxwell.

Merry Christmas & Happy Holidays to everyone!

Warmly, Lou



New member, Pat Spear and Jean Adams.

3rd VICE-PRESIDENT

Margie Hartman



We will have a planning meeting on Monday, January 20th at 9:30 am at the LMWC clubhouse to create a wonderful, super Card/Bunco Party which is scheduled for Monday, March 30th. Everyone is welcome to come with ideas for a theme, decorations, etc. Please put the date on your calendars.



4th VICE- PRESIDENT

Darcy Barghols

Well it’s December and guess what? There is no program on the agenda. We do look forward to seeing you at the holiday evening gathering at Marie Calendars on December 11th and at the December 16th lunch meeting for the installation of officers.

Judy and I make a great team and we have started planning programs for next year. See you all in January as we kick off the New Year with healthy ideas.





The annual Christmas Lunch and Installation of Board Members for 2020 is Monday December 16th at 11:30pm. A catered lunch will be served at noon. The cost for lunch is \$11 per person and reservations must be made by Wednesday, December 11th by emailing Lou Turner at: lnjturner@cox.net to say "I'll be there". Bridge players can also RSVP to Nora Maxwell and all attendees can pay-at-the-door. This is an opportunity for all active members and bridge players to get together.

Many thanks to Elaine Ayres and Marsha McDonald for providing the refreshments for the November meeting.

Please mark your calendars for the December 11th dinner meeting at Marie Callender's at 5:30 pm. The cost is \$26. If you wish to participate in the gift exchange bring a \$10-15 wrapped gift. RSVP to Angie by Monday, the 9th at (619) 440-1907.

DECEMBER Bridge Dates:

Friday, 6th	1st Friday Bridge	11:30 am
Monday, 9th	Hospitality Tea	11:30 am



Hospitality Tea: This month Esther Jones' table will provide the refreshments. If you are interested in substituting or playing bridge, please call Esther at (619) 583-5010.

BANCROFT SCHOOL

Marsha McDonald



Just a reminder, gifts for your adopted children from Bancroft School need to be wrapped and marked with the family ID number and placed on a bag again marked with the ID number (Ex. D4). Bags can be brought to the clubhouse on Monday, December 9th or to Marie Callender's on Wednesday night, December 11th. I will deliver them on Thursday morning to Bancroft. Thank you for all you do to make these children's' Christmas special.

MEMBER TO MEMBER

Judy presented Lou Turner with the Member to Member plate at the November evening meeting. Lou has been a wonderful 2nd Vice President for membership this past year and has supported the club in numerous ways. She always has a smile and a kind word for everyone. We are fortunate to have Lou as a member.

Congratulations, Lou !



Westmont of La Mesa

On Monday, October 21st eight members of the LMWC were invited to a luncheon and tour of the Westmont of La Mesa retirement facility. The facility is brand new and very nice. The staff was very friendly and welcoming, and the lunch was delicious.



Lou Turner, Sandi Phoenix, Elaine Ayres, Pat Kelly, Betsy Quinn, Margie Howard, Angie Lombardo, and Westmont's staff (their amazing chef in the apron, Kitty and Karinna, community relations director).



VOLUNTEER HOURS and IN-KIND DONATIONS:**Sandi Phoenix**

I have not been good about asking for your volunteer hours and In-kind donations since summer. I'm sorry. I know how difficult it is to remember back, but these are important facts that demonstrate how we support our Club Purpose and our 501 (C) 3, non-profit status. Please think back and figure your volunteer hours and in-kind donations since August. I will have an envelope at each December meeting and at the clubhouse during December for you to place your information.

You may find the following information helpful. In general, meetings are 2 hours. If you hostess, add 30 minutes to set up and 30 minutes to clean up. Officers and chairpersons add event prep time, i.e. emails sent, phone calls, Gavel Talk articles written, hand-outs prepared and printed (cost of printing = 35 cents per page X per person). Here is a list of events. Please break your hours down for each event. THANK YOU FOR YOUR HELP!

AUGUST:

Summertime Ice Cream Social and Bingo Party. Did you attend? Did you assist by hosting, purchasing refreshments, serving?

School Supplies for Bancroft School. Did you donate school supplies? How many hours did you spend shopping? What was the total cost of the items, the In-Kind donation?

Sharp-Grossmont Hospital Aux. "Discharge with Dignity" Closet. Did you shop for clothing? How long did you shop? What was the total cost of the clothing you purchased?

Club Library. Did you donate books? Did you purchase books? What is the In-Kind Value of donated books?

SEPTEMBER:

Bancroft Otter Pop donation. Did you purchase Otter Pops? How much did you spend?

Off Broadway Theater Fundraiser, Did you attend?

La Mesa Chamber Event, Did you attend? Did you staff our LMWC table? Did you provide the door prize? How many hours did you volunteer on this project?

District General meeting. Did you attend?

Play Bridge. This is a multi-monthly event for some of you? How many hours do you play per month? Did you host the bridge party? Do you drive another member to the bridge sessions?

OCTOBER:

Sharp-Grossmont Hospital Emergency Dept coloring books and crayon kits. Did you attend the assembly workshop? Did you help deliver the kits?

Community Service Project Committee meeting?

Play Bridge? Did you host the Bridge party?

Host the General meeting?

NOVEMBER:

Brian Jones event Community Non-Profit event. Did you attend? How many hours did you volunteer in the name of LMWC? Did you purchase any item for this event? What was the cost?

DECEMBER:

Bancroft Holiday Adopt a Child project. Did you adopt a child/children for the Holiday gift giving? How many hours did you shop? What is the total cost of the gifts? Did you add a book to your gift donation? What was cost of book?

GENERAL MONTHLY VOLUNTEER HOURS AND IN-KIND DONATIONS:

Did you attend Board meetings, General meetings, Committee meetings? How many hours did you volunteer in attendance or preparing for these meetings? Did you donate to the Pennies for Pines and Ronald Mc Donald House monthly canisters? Did you donate magazines for S-GH Auxiliary? Did you donate any items not mentioned in this list? What? Cost?

Again, I appreciate the time it takes to figure and record your volunteer hours and in-kind donations. Hugs, Sandi