




La Mesa Woman's Club
**A Member of GFWC, CFWC &
 Southern District
 CA Federation of Woman's Clubs**

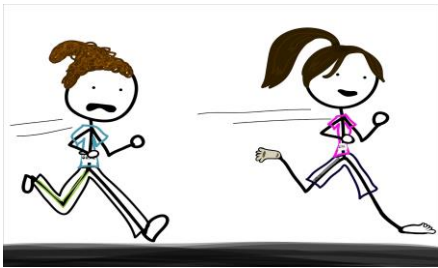


GAVEL TALK - FEBRUARY 2019

Pat Kelly, Editor

CALENDAR OF EVENTS		BIRTHDAY CORNER
FEBRUARY Fri 1 st Executive Board 9:30 am 1st Friday Bridge 11:30 am Mon 11 th Hospitality Tea 11:30 am Wed 13 th Evening Mtg. 6:30 pm Tue 19 th Marathon Bridge 3:00 pm Mon 25 th Bridge Lunch 11:30 am	MARCH Fri 1 st Executive Board 9:30 am 1st Friday Bridge 11:30 am Mon 11 th Hospitality Tea 11:30 am Wed 13 th Evening Mtg. 6:30 pm Tue 19 th Marathon Bridge 3:00 pm Mon 25 th Bridge Lunch 11:30 am	 No birthdays in February!

President's Message



We have "hit the ground running" and are excited at what 2019 will bring. So far we attended a District meeting and connected with representatives from local clubs. We met with President Sandy Luebben to discuss the details of the sale of SDWC's building with her. We ordered a new microphone/speaker system for the clubhouse (arriving any day now). We arranged to collaborate with La Mesa Historical Society regarding archiving LMWC records. We've contributed toiletries for the Girl Scouts' project and delivered magazines to Sharp-Grossmont Hospital. We posted flyers for the Blood Drive and volunteered last Saturday. Both of us planned to donate blood; only one was permitted to give. Anyway, we are definitely not sitting around eating bonbons--although we are still savoring the delicious cinnamon rolls purchased by Sandi for a volunteer treat. (Thanks, Sandi)

Betsy Quinn and Kathy Tinsley



We want to remind members of our focus for the year: Respect, Kindness, and Trust. Related to respect is a consideration for your time, and we're committed to beginning meetings punctually. As a group, we will listen to one person at a time in a non-judgmental manner. With some simple procedures added to Darcy's excellent programs, our meetings should become more efficient and productive.

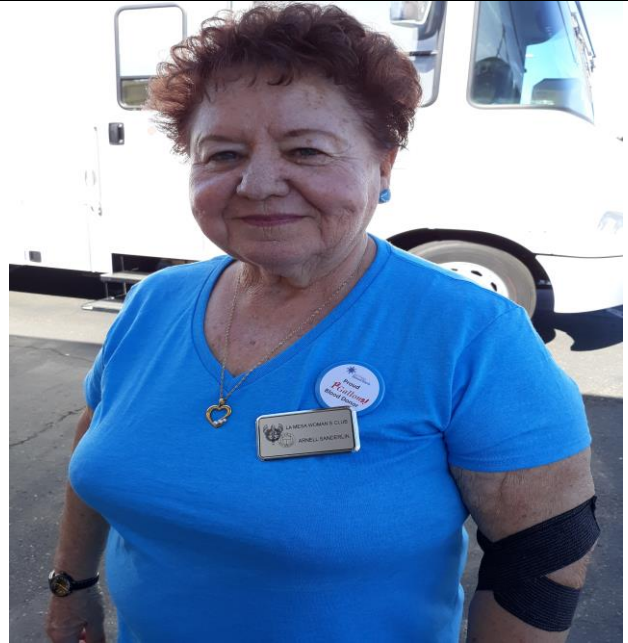


We look forward to seeing you at our February meeting. Since it is the "heart disease awareness" month, let's all wear red.

Warmly, Betsy & Kathy



January is National Blood Donor Month. Our first blood drive and first service project for 2019 went very well. The blood drive committee worked tirelessly distributing 300 flyers in the La Mesa and clubhouse area. Judy submitted articles to six local print news, Dalal and Margie placed electronic notices on various 'Next-door' information sites. The day was sunny and warm which was a good omen for us after so many cold and rainy days. La Mesa members were beautifully visible in our Heather Sapphire T-shirts. Donors arrived in a fairly steady stream. We all greeted and thanked them while Elaine provided registration instructions before they entered the San Diego Blood Bank bus parked in our clubhouse parking lot. Fifteen members, friends and three ladies from our La Mesa community came to donate. Arnell received a special button for being a 13-gallon donor. Congratulations, Arnell! Thank you, thank you to our committee, Kathy, Betsy, Dalal, Elaine, Carol, Lou, Margie, Arnell, Pat, Judy, Angie, Darcy, Nora and Sandi.



End of Year Reports: Thirteen year-end reports were written and submitted! These reports document and represent what YOU, La Mesa Woman's Club members accomplished during 2018. YOU accomplished 77 actual projects. YOU raised \$18,848 through fundraisers, the Penny Pine and Ronald McDonald collection canisters, our Member Book Library, Bridge and monetary donations. YOU donated \$10,951 actual dollars, plus you made an estimated \$6,082 In-Kind donations. CONGRATULATIONS!! YOU had another successful year of community service and friendship!!





Blood Drive Volunteers – Carol, Margie, Sandi, Dalal, Elaine, Arnell and Lou (first shift).

Current Projects: Let's turn our attention now to our current projects. Through our meeting programs, Darcy is leading us in a donation of toiletries, etc. that will go to the Girl Scout Cadet Troup that provided our flag ceremony last November. The Girl Scouts are collecting these items to donate to persons in "Crisis". Please see Darcy's Gavel Talk article for more information.

Sharp Grossmont Hospital's Emergency Department is in need of clothing. Please bring your donations of new or gently used, clean pants with an elastic waist, sweat pants, sweat shirts, T-shirts and sports bras to the February and March meetings, or drop your donations off at the clubhouse on Mondays. There will be a box designated for these items in the clubhouse office. All sizes are welcome, however larger sizes 2X and up are most needed. Everything will be donated following our March General meeting. Thank you in advance for your donation support!

Happy Valentine's Day to everyone!




2nd VICE PRESIDENTS

	<p>MEMBERSHIP</p>	<p style="text-align: right;">Carol Dreesen and Lou Turner</p> <p style="text-align: center;">Festival of the Arts is coming up fast. February 27 at the refurbished Lakeside VFW Hall. The theme this year is <i>PUT A SONG IN YOUR HEART</i></p>
<p>Welcome! We're Glad You're Here!</p> <p>Lou Turner did a great job reaching out to members reminding them to pay their dues. She sent letters and made numerous phone calls. We have 33 paid members for 2019. We lost Dolly Nottingham, Nadene Parsell. Joy Taylor has moved away. Nicole Entenza and Suzanne Colbert didn't respond. We will miss them all.</p> <p>I'm working hard on the yearbook. Betsy Quinn has it for editing. When she returns it to me I will make the changes. My plan is to have the yearbook ready early February.</p> <p>Reports: Sandi and her team did a wonderful job writing our reports. I'm very proud of all the work our members accomplished. Every club in the state writes reports. Southern District has 17 clubs with 624 total members.</p>		<p style="text-align: center;">  </p> <p>Last year twenty one La Mesa members attended. I hope we can repeat that number this year. I think we came up with a theme that will really be fun, Our song is SIDE BY SIDE we can dress like HOBOS. The committee suggested we wear baggy pants and a baggy shirt. Nora suggested we use rope for suspenders or to tie around our waist. Be as imaginative as you can. I know this isn't your style but the important thing is to represent us in number. Join us and have fun. Our table cover will be brown craft paper and we will use pie pans for plates. The centerpiece can be imaginative fires made from cellophane and sticks, I have tiny battery lights. Let me know if you have any more ideas. I'll buy one table for 8 and if we need more I will reserve more. Cost is \$20.00 per person.</p>

3rd VICE-PRESIDENT

	<p>IMPORTANT DATES TO PUT ON YOUR CALENDAR!!</p>	<p style="text-align: right;">Margie Hartman</p> 
<p>Monday, April 29th, will be our annual Cards, Games & Bunco Party fundraiser. There will be a short Ways & Means Meeting to plan the Card/Bunco party on February 1st at 10:15 after the Board meeting at the clubhouse. Everyone is invited to come. We need all the help we can get and we want to make it fun and delicious. Please invite your friends and family. It's not too early to begin spreading the word.</p>		<p>Change of DATE!! Our Off Broadway Live musical is Sunday, Sept. 8th @ 3:00 p.m. The play/musical is "Roadshow." Tickets are \$35.00 each for the downstairs level or \$44.00 each for the elevated level. It's \$160.00 if you buy the whole table. Call Steve at 619-988-5483 & say you are with La Mesa Woman's Club so we get credit for the sales. Some seats are already sold so buy your tickets as soon as you can.</p>

4th VICE- PRESIDENT

<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>February is the month we think of others. It is when we share valentines, candy hearts, chocolate, flowers, and supporting the Girls Scouts with their cookie sales.</p> </div> </div> <div style="display: flex; align-items: center; margin-top: 10px;">  <div style="margin-left: 10px;"> <p>It is a time when we try and bring happiness and appreciation to others. Well, that is exactly what Girl Scout troop 6731 will be doing. They are earning their Silver Award; their project is Crisis House of El Cajon. They are asking if we</p> </div> </div>	<p style="text-align: right;">Darcy Barghols</p> <p>would please help in their efforts by bringing in toiletries in travel size and place them in the box already provided out in our foyer.</p> <div style="text-align: right; margin-top: 20px;">  </div> <p>They have been serving within our community and county on a faithful basis for the last 9 years. Every Christmas season they have shopped for families and delivered gifts to those not as fortunate.</p>
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Lori, their leader, has kept the girls involved in community service. Some of their volunteer efforts are Selpa with special Ed children, Halloween parties at Noah Homes and the girls have been volunteering at the San Diego Food Bank, serving meals during the Thanksgiving holidays. They have participated in onsite projects at their school and volunteering at our San Diego Humane Society Animal Rescue facilities.

In years past they faithfully would spend time with the seniors at Monte Vista Lodge doing hands-on craft projects. They participate in Fun Runs and Walks for Breast Cancer.

At present Girl Scout cookies sales is in full force. The monies they collect for their troop continually is used to help others. Prior to their presentation on February 13th from 6:00 pm to 6:25 they will be selling cookies out in our foyer. They will bring an assortment to accommodate everyone's taste. They will accept checks or cash.



FEDERATION NEWS:

FUN at Fundraisers
 Sat., Feb. 16 --Chula Vista WC-- Bunco--1-3 p.m. \$10
 Sat., March 9--Sweetwater WC--Wine & nibbles--
 3:30-6 p.m. \$20
 Sat., March 23--San Diego WC--Fashion show &
 luncheon--11 a.m.-2 p.m. \$25

Flyers will be posted on the bulletin board at upcoming meetings. If interested in attending one of these events, please contact the sponsoring club.

Sandi Phoenix

The Southern District's Festival of the Arts is Wednesday, February 27 from 11:00 am – 2:00 pm at the VFW Hall in Lakeside. The theme is "Put a Song in Your Heart", and the cost is \$20 per person.

The Southern District Convention will be Saturday, April 30, at the Ronald Reagan Center in El Cajon. The cost is \$30. It promises to be a very upbeat convention focused on celebrating our members and our community service. Mark your calendars and plan to attend.

HOSTESS CHAIRMAN – Evening

Angie Lombardo/Roz Kennedy

The hostesses for the Wednesday, February 13th evening meeting will be Jean Adams and Roz Kennedy. Thank you Judy and Pat for providing the wonderful cheesecake and gourmet cookies at the January meeting.

CARE CORNER

The memorial service for **Nadene Parsell** will be Saturday, February 9, 2019 at 2:00 pm at Foothills United Methodist Church, 4031 Avocado Blvd., La Mesa. In lieu of flowers, a remembrance gift can be sent to the Foothills UMC Music Fund, which was close to Nadene's heart. If you would like to send her husband, Ken a card, his address is Ken Parsell, Frederica Retirement Manor, #800, 183 Third Ave., Chula Vista 92010.

Sandy Luebben's husband passed away on January 14th. If you would like to send her a card, her address is 6110 Romany Dr., San Diego, CA 92120.

Linda Sotelo is home from the hospital following her knee surgery. Reports are that she is recovering well and faithfully doing her physical therapy. If you would like to send her a card, her address is 4356 Rogers Rd., Spring Valley, CA 91977.

February Bridge Dates:

Friday, 1st	1st Friday Bridge	11:30 am
Monday, 11th	Hospitality Tea	11:30 am
Tuesday, 19th	Marathon Bridge	3:00 pm
Monday, 25th	Bridge lunch	11:30 am



Hospitality Tea: This month **Dorothy Dixon's** table will provide the refreshments. If you are interested in substituting or playing bridge, please call Esther at (619) 583-5010.



Festival of the Arts

"Put a Song in Your Heart"

Wednesday February 27, 2019

11:00 am to 2:00 pm

(Doors open at 10:30 am)

Carter-Smith VFW

12650 Lindo Lane

Lakeside, California

\$20 admission per person

Please make your checks out to:

"Southern District" and mail to:

Southern District P.O. Box 5243, Chula Vista, CA 91912-5243

Deadline - February 2, 2019



Student & Club Members Art
may be entered Tuesday, February 26, 2019
Between 2:00 and 4:00 pm

(Special arrangement for early submission may be made with

Anna Lohse by calling (805) 448-1128

Each club may decorate their own preassigned tables with

Their clubs Music Theme, Genre, Song or Artist on Tuesday

February 26th between 2:00 and 4:00 pm or the morning

of between 10:00 and 10:30 am before doors open.

