



*La Mesa Woman's Club*  
**A Member of GFWC, CFWC &  
 Southern District**



*Pat Kelly, Editor*

*GAVEL TALK - MAY 2017*

CALENDAR OF EVENTS		BIRTHDAY CORNER
<b>MAY</b>  Thu 4 <sup>th</sup> Executive Board 1:00 pm Fri 5 <sup>th</sup> 1st Friday Bridge 11:00 am Mon 8 <sup>th</sup> Hospitality Tea 11:30 am Wed 10 <sup>th</sup> Evening Assembly 6:30 Mon 15 <sup>th</sup> Day Assembly 1:00 pm Tue 16 <sup>th</sup> Marathon Bridge <b>3:00pm</b> Mon 22 <sup>nd</sup> Bridge lunch 11:30 am	<b>JUNE</b>  Fri 2 <sup>nd</sup> Executive Board 9:30 am 1st Friday Bridge 11:00am Mon 12 <sup>th</sup> Hospitality Tea 11:30am <b>No Evening Assembly Meeting</b> Mon 19 <sup>th</sup> Joint Day & Evening luncheon meeting 12:00 pm Tue 20 <sup>th</sup> Marathon Bridge 3:00pm Mon 26 <sup>th</sup> Bridge luncheon 11:30am	  Ann Murray 8th Barbara Walls 16th Dorothy Dixon 18th

*President's Message*



**OUTSTANDING WOMEN**

La Mesa Woman's Club honors members who have been exemplary in their efforts to maintain and preserve the values of the La Mesa Woman's club.

Past honorees include:

- 2011 Marti Ryan & Maryann Alianelli
- 2012 Esther Jones      2013 Sandi Phoenix
- 2014 Elaine Ayers      2015 Betsy Quinn
- 2016 Carol Dreesen

Leading a club like ours takes talent, skill, cooperation, and a lot of work and effort by a team of dedicated woman. We are very lucky to have members who step up to take on the work. They go over and beyond what is expected. During May both day and evening meetings we will be selecting one or two ladies to honor as 2017 member of the year.

This year we have several members who have been outstanding. Some work hard in the background so you don't see what they actually do. Others have positions that bring them in front of the membership. I am going to tell you about some of these women.

**Nora Maxwell, Beth Miller, Angie Lombardo and Jean Adams** faithfully call members to remind them of a coming meeting or event.

*Carol Dreesen*

**Angie Lombardo and Nora Maxwell** make sure we have hostesses at every meeting.

**Margie Hartman and Angie Lombardo** keep the marathon bridge players informed.

**Esther Jones** became a member of the La Mesa Woman's Club in 1978. She served as President from 1997-2001 and 2003-2005. Esther very generously donated the majority of the funds to pay for our new stove. Until this year Esther was the board and day meeting Spiritual Values and Citizenship Chair. Esther is the long time bridge chair. She spends hours on the phone calling members to schedule players. The first time I met Esther she was checking in guests for a fundraiser. Esther is kind, generous and helpful.

**Jodi Van Tieghem** has been a member since 1979. She was clubhouse manager and currently serves on the CMC where she shares her knowledge about the clubhouse. Jodi is a faithful bridge player.

**Nora Maxwell** also joined in 1979, and is another quiet worker. She served as club president for three years 2007-2010 and again 2013-2014. Nora has a wealth of knowledge that I tap into regularly. Nora is still serving on the board. Last year she was membership 2nd Vice president and this year Corresponding secretary.

**Jean Adams** became a member in 1968 and is the clubs 4th Vice President. Jean sees that we have interesting speakers at both day and evening meetings. She is our Spiritual Value leader and Patriotic leader where she leads the Flag salute at meetings. Jean works closely with Betsy Quinn coordinating projects with the appropriate speaker.

**Laurie Miller** became a member of LMWC in 2015. She is one of the most talented people I have ever met. At first she didn't have much to say. Then I asked her if she would be the Corresponding Secretary. Laurie turned white and responded "me? I guess I could do that." During her second year we discover just how talented she is. Laurie makes all of the beautiful baskets for our fundraisers. She assisted Lou Turner with two fundraisers and Sandi Phoenix with Dollars for Scholars. We miss Laurie on the board. She is not only talented but we have a lot of fun with her.

**Marsha Mc Donald** joined in 1975. We are lucky to have Marsha as the club secretary. She attends at least three and sometimes four meetings a month taking immaculate minutes at each meeting. When LMWC adopted Bancroft Elementary School, Marsha was the perfect member to become the Education Chair. Marsha contacted the school to learn what they needed. Otter Pops for good attendance. The class with perfect attendance won Otter Pops for every student in the class. Our club members buy Christmas gifts for the families so that every child receives a Christmas gift. Marsha serves on the CMC, Scholarship and Bylaws committees. Marsha always has a smile and a pleasant word for everyone.

**Marjoree Howard-Hartman** joined in 1962. Margie is a 50+ year member. Margie launched our scholarship program in 1975, 42 years ago. Because of Margie's initial efforts and a lot of fund raising teams LMWC has given 230 scholarships for a total of \$82,600. Margie has held several executive board positions including 1st Vice president/ Dean. That means she wrote a lot of reports. Margie has been club Parliamentarian for three presidents. In her quiet way she lets me know something is out of order. Margie is Chair of the Bylaw committee and of course Scholarship/Education chair.

**Lou Turner** joined in 2015. Lou is one of our new members with a wealth of knowledge, talent and experience. Lou soon found herself on the nominating committee, Bylaws committee and CMC. Her first elected position was 3rd VP / Fundraising chair. She not only led one event in 2016 she did two. Both events were very successful. Lou is 2017 2nd VP Membership chair. Lou initiated four new members this year.

**Beth Miller** is payroll administrator. She figures out payroll and tax information for Pat Kelly. Beth prints and brings the member mailing labels to the clubhouse so our members who don't have computers receive the Gavel talk. Beth recently found a new talent in basket assembly. She provided the door prizes for the Dollars for Scholars fundraiser and another basket for the recent Southern District Convention.

**Pat Kelly** joined in 2012. Yes, Pat is our club treasurer extraordinaire but she is much more than that. She keeps our club books in immaculate order, files tax reports, provides monthly reports for the board and members. Pat comes to the clubhouse several times a week to pay bills, write unexpected checks, pickup and deposit funds so we don't have cash in the office. Pat tirelessly searched the internet for a new stove. When she found one she arranged to have the stove white gloved delivered and set in place. Pat arranged to have the stove installed according to code. Not exactly the treasurer's job. Then the faucets began to leak. We had to have the faucets and the pipes in the walls replaced. The roof began leaking into the water heater room so that also had to be fixed and the water heater installation brought up to code. Pat took care of all the arrangements. The club owes Pat a big thank you for taking such good care of all that of our clubhouse. When the club formed the CMC to manage the club house, Pat became a leader on the committee.

Last winter the leaking air conditioners were a big problem. I was sick and was very little help to Pat. She emailed or called me to keep me informed and to make decisions. Pat purchased rolls of plastic to cover our beautiful floor. With Judy's help the plastic was cut to size and rolled out from stage to door and wall to wall. The plastic also had to cover the carpet in the tea room. She called contractors to give us bids on how to repair the roof and air conditioners and is working on finding ways to pay for the necessary repairs. Pat serves on any committee where she is needed and attends every event I ask her to attend no matter how uninteresting. She is a faithful advisor to me and our board.

We can't forget the club's newsletter "Gavel Talk". It's another of Pat's accomplishments. She gently nudges us to get our articles to her so she can format each one before sending it to members. Much of the clever Clip Art is because Pat spent hours searching for the appropriate piece of art to make the newsletter colorful and interesting.

**Sandi Phoenix** joined in 1969. Sandi is delightful, kind, hardworking and knowledgeable in so many ways. She was President in 2012 – 2013. Currently she serves as LMWC Third Vice President. Her main job this year is fund raising. What a wonderful job Sandi and her team did to raise over \$6,000. Sandi brings with her the experience of being a former LMWC president. The help and advice she provides to me is immeasurable. It is impossible to determine what Sandi is to this club. She is one of the first to offer assistance whenever needed. We spend hours on the telephone talking through plans.

Recently I had important communications to discuss with the Board and because of the flu I couldn't talk above a whisper. I drafted Sandy to communicate on my behalf. Sandi didn't hesitate she stepped in gathered the details and relayed essential information until I was well enough to talk. Sandi did her usual capable trustworthy job. When January rolls around and it's project report time Sandi is the person who helps write the reports required by district. I served as 2nd Vice president, dean and couldn't have completed one report let alone nine reports without her assistance. I'm sure Betsy Quinn would agree.

Sandi is LMWC 3rd Vice President and writes the informative fundraising articles for the Gavel Talk. She changes hats and becomes Federation chairman where she keeps us informed on district wide events that we might want to attend and also what's happening at the district level. Sandi is also Southern District Leadership chairman.

**Long Time Members and Past Presidents**

I thought it might be interesting to see a list of long time members still attending meetings:

- Margie Howard-Hartman – 1962
- JoAnn Knutson – 1962
- Angela Lombardo – 1964
- Linda Sotelo – 1964
- Jean Adams – 1968
- Dorothy Dixon – 1968
- Sandi Phoenix – 1969
- Rosalind Kennedy – 1973
- Marsha Mc Donald – 1975
- Elaine Ayres – 1976
- Esther Jones – 1978 or 1983 (?)
- Jodi Van Tieghem – 1979
- Donna Beckley-Walker – 1979

**Past Presidents**

- Esther Jones 1997 – 2001 & 2003 - 2005
- Carla Beaird 2002 -2003
- Nora Maxwell 2007- 2010 & 2014
- Sandi Phoenix 2012 & 2013
- Carol Dreesen 2015-2017

**Next month**

More about club members and statistics.

**1st VICE PRESIDENT- DEAN**

**Betsy Quinn**

 <p>Congratulations to our LMWC for the involvement of our members in various projects in 2016. At the recent District Convention, our collective hard work and philanthropic spirit were acknowledged. Our club, classified as "intermediate," won several first place awards. The "president's pick," special recognition by President Barbara Nelson, highlighted our efforts in Public Relations. A big "thank you" is due to Andrea Joerdan, who has established relationships with reporters at local newspapers and keeps them informed about our activities.</p> <p><b>Ongoing projects:</b> used books and magazines. Bring these to the clubhouse, and I will distribute to the Friends of La Mesa Library and the Sharp Grossmont Hospital auxiliary. If you have any ideas for future projects, please let me know. Don't forget to record your hours in the green binder--very important!</p>	 <p>Our next major project will support the MOM (Military Outreach Ministry) organization. At the evening meeting on Wednesday, May 10, we will hear a speaker from MOM and participate in a baby shower. This group assists young mothers whose husbands are deployed. Diaper bags are donated, and our club will be bringing items to fill them. Think BABY! Here's a tip: decide on the amount you want to spend. Go to Target or Walmart, hit the "Infants" aisle, and select some practical items. If you're short on time, simply purchase a box of diapers--always needed.</p> <p>Join in the fun at the shower--you may win a prize!</p>
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## 2nd VICE PRESIDENT

Lou Turner



Hope you are all enjoying our great spring weather. . . How lucky we are to live in San Diego!

Once again, congratulations and welcome to Connie McKee, Ann Murray and Cecile Cruz on their official membership in the LMWC. Good to have you with us!

Pictured at right are Nora Maxwell, Ann Murray, Darcy Barghols and Carol. Nora performed the initiation of these two new members in my absence.

As is our tradition, we will have a joint luncheon and meeting on Monday, June 19th, bringing together our evening and day members. This would be a perfect time to invite a friend who would enjoy this opportunity to meet new people and learn more about the LMWC and the philanthropies we support.

## 3rd VICE-PRESIDENT

Sandi Phoenix

There is no Fundraising article this month. There is one Federation event: Chula Vista Woman's Club is having a fundraising fashion show, Saturday, May 20, at their clubhouse in Chula Vista. The cost is \$30 and fashions are by Chico's in the Viejas Outlets. Contact Denise Berrian, 619-889-9786, if you would like to attend. The deadline is coming up quickly.

## 4th VICE- PRESIDENT

Jean Adams

Hello everyone! I am excited about our May speakers. We will have Barbara Chavez at our evening meeting on Wednesday, May 10th at 6:30 pm. It will be a Baby shower for the MOM's group. Please bring something for a baby or an item for a diaper bag.

At our day meeting on May 15th at 1:00pm we will have Steve Rolf speaking about our October fundraiser at his "Off Broadway" theater. Looking forward to seeing all of you at both meetings. Blessings -

## SOUTHERN DISTRICT NEWS

Sandi Phoenix



For Leadership, I would like to share an article I found about volunteering. It is titled: **"Why Volunteer? Here are 9 Reasons, for Starters."**

When it comes to benefits of volunteering, a lot of people think that it's all about the warm and fuzzy feeling you feel after helping someone. As it turns out, that's far from the only benefit. Charity work requires a wide variety of people, doing a wide variety of things for everything to work. Volunteering...

1. **TEACHES YOU NEW SKILLS:** When you get involved in charity work, many times you face challenges. Through overcoming these challenges, you learn and start developing completely new skills.
2. **HELPS YOU STAY ACTIVE:**
3. **FILLS EMPTY SPACES ON YOUR RESUME':** If your job search seems to be taking longer than expected, consider volunteering. It's a way to prove that you've been actively taking steps that can help you better yourself and your situation

4. **CAN LEAD TO WORK:** Many people spend time volunteering then end up working in the area(s) they volunteered.
5. **CAN BE THERAPEUTIC:** Volunteering helps you look outside yourself and your problems, allowing you to see the world and other people from a whole different perspective, which in turn can make you grateful for what you already have and see your own personal value.
6. **CAN HELP IMPROVE SOCIAL SKILLS:** Of course it's far from an instant fix, but it can be a useful tool; an excuse to talk to people and try to get along.
7. **CAN TEACH YOU WHAT TRULY MATTERS:** It's a great way to find new perspectives on life. You might find yourself re-evaluating your priorities.
8. **HELPS YOU MAKE NEW FRIENDS:** This probably is not surprising, but what might surprise you, is how genuine these friends are. Many of my long-term friends are people I've met through volunteering.
9. **HELPS YOU GROW:** Volunteering helps you grow, not only as a person, but also by improving your skill set and helping you develop new skills, as well.

**HOSTESS CHAIRMAN – Day**

**Nora Maxwell**

Refreshments for the Day meeting on Monday, May 15th will be provided by Jodi Van Tiegham. Thank you Betsy for providing the delicious strawberry pie last month. Ladies, if you have not participated recently, and are willing to do so, please let me know.

**HOSTESS CHAIRMAN – Evening**

**Angie Lombardo/Roz Kennedy**

The hostesses for May’s meeting will be JoAnn Knutson and Sandi Phoenix. Thank you Andrea and Nicole for providing refreshments in April. We hope to see all of you at the meeting.

**May Bridge Dates:**

Friday, 5th	1st Friday Bridge	11:00 am
Monday, 8th	Hospitality Tea	11:30 am
Tuesday, 16th	Marathon Bridge	3:00pm (new time)
Monday, 22nd	Bridge luncheon	11:30 am



Anyone interested in being a substitute for any of the bridge groups, please call Esther Jones at (619) 583-5010.

**Hospitality Teas:** This month *Carla Beaird's* table will provide the refreshments.

