



*La Mesa Woman's Club*  
**A Member of GFWC, CFWC &  
 Southern District**



*GAVEL TALK - JULY 2016*

*Pat Kelly, Editor*

CALENDAR OF EVENTS		BIRTHDAY CORNER
<b>JULY</b> Fri 1st Executive Board 9:30 am 1st Friday Bridge 11:00am Mon 11th Hospitality Tea 11:30am <b>Fri. 29th Bridge/Bunco Luncheon /            Fundraiser 9:30am – 2:30 pm</b>	<b>AUGUST</b> Fri 5th Executive Board 9:30 am 1st Friday Bridge 11:00 am Mon 8th Hospitality Tea 11:30am	<b>Best Wishes to our birthday ladies!</b>  <b>Joy Taylor 2nd      Andrea Joerden 25th            Betsy Quinn 31st</b>



*President's Message*

*Carol Dreesen*



I hope you have a fun filled Fourth of July. Did anyone notice Summer is here? Try to stay cool and hydrated.

**Clubhouse Beautification**

**Inside**

Our Board and CMC have continued working on clubhouse renovations inside and outside. The old heater no longer takes up space in the Tea Room closet. Our new card tables reside in the newly painted, carpeted closet. My son Dan donated enough carpet tiles to carpet the water heater room and the closet in the tea room. The faucets and piping in the kitchen are shiny and new. The water heater room is up to code.

I'm working with Brady construction to have new ceiling tiles installed in the main room. Now if we can just arrange for new carpet in the Tea Room and someone to paint the main room, Tea Room and entry.

**Outside**

Be sure to look at the beautiful CORAL tree at the front of the clubhouse. The two trees by the church and the tree by the trash dumpster were removed along with the roots and stumps. Thanks to Sandi Phoenix and Marsha McDonald for getting great bids.

Our friendly Eagle Scout is making plans to landscape the patio and side planter. Don't forget about our July fundraiser. Lou will have details in her article.

**Southern District**

The first Southern District Board Meeting was enjoyable and interesting. Barbara Nelson introduced the new officers and chairmen. Sandi Phoenix is Leadership chair and I am Art chair. Barbara announced that Chris Herzog is going to be her assistant. The theme for this term is "A Bridge to the Future." Barbara hopes to bring a few changes that may help us grow. Barbara requested we all send pictures of our officers. I had already sent our officers pictures and info. Barbara called me to say LMWC has a beautiful board. (You are an excellent board who have worked as a team to accomplish many difficult and important tasks.)

The SUMMER DISTRICT meeting is Saturday, July 23rd at FRIENDS CHAPEL, 8955 Kenwood Drive, Spring Valley from 10:00am -1:00pm. It is a potluck lunch; each club is to bring a salad and or dessert. The speaker is Pam Ament (CFWC 2nd Vice President.) She is a very good speaker - vibrant and entertaining. We'll have special music and prizes. This is an event all members can attend. We can meet at the clubhouse and car pool. We had a good turnout at the convention and I hope we can beat that number. The meeting is Saturday in hopes our working members can attend. Thanks in advance Carol Dreesen and Sandi Phoenix Federation Chairmen.

**Area D Conference**

The Area D conference will be held at LMWC on Saturday, October 22, 2016. CMC is working hard to have the clubhouse in tip top shape. Every LMWC member is welcome to attend.



Lately I have been thinking a lot about how I use my time. Since I am retired, I have the luxury to select various activities and find unlimited opportunities to keep me busy. Since my career in education revolved around service to others, I find it natural to spend a portion of my time volunteering. However, current research suggests that the idea of service is not a priority for everyone. I'd like to share an article from Forbes magazine entitled "Five Benefits of Volunteer Work." The results of scientific research prove what people have known for over two thousand years. "One of the great ironies of life is this: He or she who serves almost always benefits more than he or she who is served." (Gordon Hinkle)

So here are the five benefits:

- 1) Volunteering time makes you feel like you have more time. Are you someone who feels as though you never have enough hours in the day?
- 2) Volunteering your skills helps you develop new skills. What special skills or talents do you possess that can make a difference?
- 3) Volunteering your body helps you have a healthier body. Do you want to add years to your life (and life to your years)?
- 4) Volunteering your experience helps build your experience. Do you want a better quality of life with a sense of value in your activities?
- 5) Volunteering your love makes you feel more love. Do you want to build empathy, strengthen social bonds and smile more easily?



I usually report on current projects but thought I would take a break. Yes, LMWC is still collecting used books and magazines, which I deliver to the library and Grossmont Hospital Auxiliary.

A committee is enjoying working together on our summer fundraiser, a card party with an Americana theme. We are collecting items for "comfort care" for families associated with Ronald McDonald House.

Our CMC is making decisions for the improvement and maintenance of our clubhouse and grounds.

We have committed to assisting South Bay Community Services in their efforts to combat domestic violence and offer shelter to victims of abuse.

La Mesa Woman's Club has a proud history of volunteering hours of service to make our community—and world—a better place.

As the number of members in the club decreases, we will limit our time and resources to a few projects. Please join us and improve the quality of your life! As the great Muhammed Ali advised, "Service to others is the rent you pay for your room here on earth."



I hope to see you and a friend at our fundraiser on July 29.

2nd VICE PRESIDENT

Nora Maxwell

I hope everyone is having a good summer. It's been a little hot for us, but we'll take it. The Club needs to bring in new members and I hope everyone is asking people to join. I have several ladies I have contacted that seem to be interested and maybe I will be able to initiate them at our September meetings along with Lilia Vesey. Looking forward to seeing you all at our July 29th fundraiser, and at our September meeting hopefully with several new members!!

3rd VICE-PRESIDENT

Lou Turner

Happy 4th of July to all LMWC members . . . Hope you are enjoying this warm weather! I would like to take this opportunity to remind all members of our summer fundraiser on Friday, July 29th at the clubhouse and the importance of your support.

We ask all members to invite their friends for a Come Celebrate America Patriotic Bridge and Bunco Party, from 9:30 am to 2:30 pm. Bridge and Bunco will begin at 10 o'clock. Tickets are \$20 per person and will include coffee and light breakfast treats, opportunity drawings, and a nice buffet lunch prepared by Cupid's Catering.

We are asking everyone to show their patriotic spirit by wearing Red, White and Blue and you may win a prize for the best Patriotic outfit! The deadline for reservations is Friday, July 22nd. Margie Hartman (619-440-2449) is coordinating reservations and Betsy Quinn and Laurie Miller are collecting a nice selection of opportunity drawing items to give away. We do need more gift cards and gift certificates for lunch or dinners,

or maybe a Starbuck's or casual dining certificates would be greatly appreciated. Thanks for your generosity in supporting this event. If you are not able to attend, please consider making a \$20 donation in lieu of your attendance. . . . . Keep in mind that our scholarship fund and local charities will benefit from funds we raise. A reservation form is included in this Gavel Talk issue. Please call Lou Turner at (619-462-4746 or email: lnjturner@cox.net) with any questions or comments. Thanks!

**HOSTESS CHAIRMAN – Day**

**Gertrude Findley**

There are no Day Assembly meetings in July and August. We will need hostesses for September and the rest of the year. Enjoy your summer break!

**HOSTESS CHAIRMAN – EVENING**

**Angie Lombardo/Roz Kennedy**

We will not hold Evening Assembly meetings during the summer months. See you all in September. Hope you all have a wonderful Independence Day Holiday week-end, and stay cool. We are looking forward to our July fundraiser.

**4th VICE- PRESIDENT**

**Jean Adams**

Since we do not hold meetings over the summer, there are no programs scheduled until the fall. Look for information in the August newsletter for September's meetings.

**District Club events** you may want to attend:

September 24, Bunco Party, Women's Club of Lakeside

October 15, Bostonia Bunco Party

(Both of these clubs put on a great fundraiser, lots of opportunities and silent auction items)

October 22, Area "D" Conference, LMWC

**BRIDGE-**

**July Bridge Dates:**

Friday, 1st	1st Friday Bridge	11:00 am
Monday, 11th	Hospitality Tea	11:30 am



**Please NOTE:** *There will not be a 4th Monday bridge luncheon from May to September.*

Anyone interested in being a substitute for any of the bridge groups, please call Esther Jones at (619) 583-5010.

**Hospitality Teas:** This month Dorothy Dixon's table will provide the refreshments.





# La Mesa Woman's Club Celebrates America

**Come Join us for a Patriotic Bridge and Bunco Party**

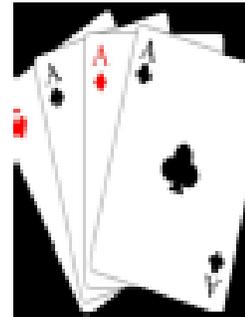
**On Friday, July 29, 2016 from 9:30 am to 2:30 pm**

**Doors Open at 9:30 A.M**

**Bridge and Bunco Begin at 10 o'clock**

**Prizes, Fun, Friendship and a Buffet Lunch served at 12:30 Included**

**\$20.00 per person (Please Wear Red, White and Blue)**



**at the La Mesa Woman's Clubhouse**

**5220 Wilson Street, La Mesa, CA 91942**

**Proceeds will benefit the La Mesa Woman's Club Scholarship Program and Community Service Projects**

**Reservation deadline is Friday, July 22, 2016**

**Please mail this completed form for you or your group with payment to :**

**Margie Howard-Hartman,**

**P.O. Box 1061, El Cajon, CA 92022.**

**Please make check payable to La Mesa Woman's Club ~ ~ A 501 (c) 3 corporation**

\*\*\*\*\* Please clip here & return bottom portion with payment \*\*\*\*\*

Name of contact person \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_



Please **CIRCLE** your choice

**BRIDGE    DUPLICATE BRIDGE    BUNCO    GAMES    LUNCH ONLY**

- |          |          |
|----------|----------|
| 1. _____ | 1. _____ |
| 2. _____ | 2. _____ |
| 3. _____ | 3. _____ |
| 4. _____ | 4. _____ |

\_\_\_\_\_ I cannot attend but enclose a donation to support the LMWC's philanthropic projects

*For reservation information, please call*

**Margie Howard-Hartman at 619-440-2449**